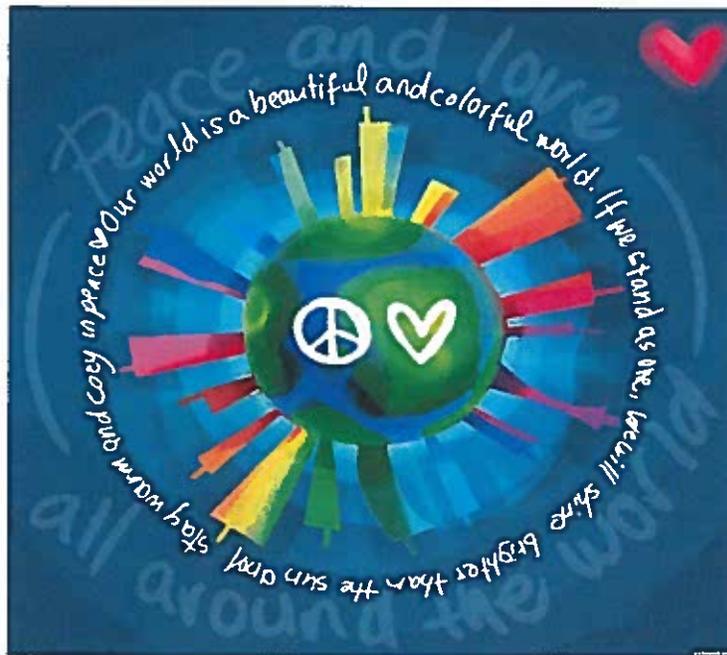




Around Town Senior Magazine

February 2017 Edition



Let there be Love

Town of Babylon
Department of Human Services
1 Commerce Boulevard
Amityville, NY 11701

Phone: 631.464.4340
Fax: 631.464.4335
Email: aroundtown@townofbabylon.com

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RICH SCHAFFER - Chairperson, Department of Human Services
MADLINE A. QUINTYNE - Commissioner, Human Services
TRACI A. FONVILLE - Deputy Commissioner, Human Services & Editor

Any citizen wishing to contribute news items to the
 Around Town Senior Magazine should send the **typeset** information to:

Department of Human Services
 1 Commerce Boulevard
 Amityville, NY 11701
 or call (631) 464-4340

email: aroundtown@townofbabylon.com



**ALL INFORMATION MUST BE RECEIVED BY THE 8TH DAY
 OF THE MONTH PRIOR TO THE MONTH IN WHICH YOU WOULD LIKE
 TO HAVE YOUR INFORMATION PUBLISHED.
IT IS THE EDITORS' OPTION TO EDIT ACCORDING TO SPACE AVAILABILITY.**



A Message from Supervisor Rich Schaffer

Dear Friends,

I hope that 2017 has treated you well so far. With the winter weather in full swing, be sure that you are doing all that you can to stay warm. Despite the cold weather, there is still plenty to enjoy in the Town of Babylon. We have a number of exciting activities and programs planned at our senior centers throughout the month of February, including Valentine's Day parties, so be sure to check out the rest of this month's issue for more information.

To commemorate Black History Month, the Town will be hosting our 29th annual celebration at Amityville Memorial High School on Thursday, February 9th at 6:00PM. Join us for what will be a terrific celebration of African American culture and history with local honorees and special performances, as well as a vendor marketplace.

Please keep in mind that Town facilities will be closed on Monday, February 13th for Lincoln's birthday, and on Monday, February 20th for Washington's birthday.

Have a great February and stay warm!

Sincerely,

A handwritten signature in black ink that reads "Rich Schaffer".



RICH SCHAFFER
Supervisor
Town of Babylon



celebrate
BLACK
history **MONTH**



A Message from Tax Receiver Corinne DiSomma

February 2017

Dear Friends:

As your Receiver, I continue to remind all residents that New York State Tax Relief (STAR) program provides an exemption from school taxes for owner-occupied primary residences. Senior citizens with combined 2015 incomes that do not exceed an adjusted gross income of \$86,000 may qualify for a larger "enhanced" exemption. Senior citizens who would like to continue receiving Enhanced STAR in future years without having to reapply and submit copies of their tax returns to their assessor every year are invited to sign up for the STAR Income Verification Program. Seniors who do not choose to enroll in the income verification program must reapply each year to keep the Enhanced exemption in effect. If you are receiving the "Basic" exemption, you usually do not need to reapply in subsequent years, but you must notify the assessor if your primary residence changes.

Please Note: If you are a new homeowner and this is your primary residence, you must apply for the STAR program by contacting NYS Department of Taxation and Finance at (518) 457-2036 or visit www.Tax.NY.Gov.

Remember all exemptions must be filed by MARCH 1st. You can pick up an application and inquire about additional exemptions to be filed in the Assessor's Office on the 2nd floor or if you have internet access go to our website at www.townofbabylon.com and download the application.

At this time, my staff and I would like to say Happy Valentine's Day to all!

Enjoy each day and hope to see all of you soon.

Very truly yours,

Corinne DiSomma
Receiver of Taxes



February Is The Last Month To File For Any Tax Exemptions.



**Town of Babylon
Department of Human Services
Senior Transportation Department**

Services for Seniors 60 & Over
Must be a Town of Babylon Resident

Daily Medical Transportation

Monday through Friday

Morning Appointments only

8:30am to 10:30am - Roundtrip service

11:00am Appointment – One way service only

Seniors must give at least one week's notice prior to scheduling transportation appointment.

Supermarket Shopping

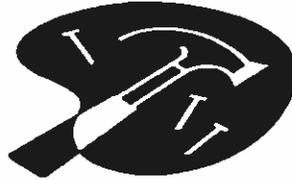
8:30am to 11:00am

Seniors requesting free transportation to the supermarket will be taken with a group every other week, thus allowing us to accommodate more seniors. New requests for shopping will be placed on a waiting list if there are no openings at the time.

Please Note: Shoppers are given approximately 1 ¼ hours in the store and are limited to 3 to 4 bags of groceries. Please be considerate of the other shoppers by following these rules.

For further information, please call us at 631-422-7618 or 631-893-1056.

Town of Babylon
Department of Human Services
Senior Citizen Residential Repair Program

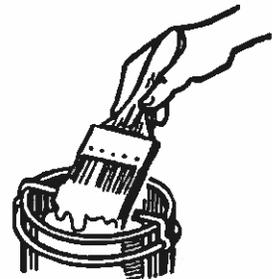


The Town of Babylon Residential Repair Program is offering residents (aged 60 and over) minor home repairs. Residents must be incapable of maintaining their homes because of illness, incapacity, handicap or absence of a caretaker. Repairs are meant to remediate substandard, unsuitable or unsafe residences.

The Residential Repair Program provides the worker and the recipients are expected to pay for the necessary supplies and materials.

The repairs include but are not limited to:

- Handicapped modifications
- Crime prevention modification
- Clean gutters
- Install hand rails
- Installation and repair of grab bars
- Rake leaves
- Paint
- Minor plumbing



The Residential Repair Program covers minor projects and does **not include** projects which require licensed contractors.

The program does not provide for SNOW REMOVAL .

Funding is limited and preference will be given to older individuals with the greatest economic needs.

Eligible residents in need of these services can call JoAnn Labonte (631) 422- 7680.

Funding provided by the Suffolk County Office for the Aging
and U.S. Department of Health and Human Services
through the New York State Office for the Aging



TOWN OF BABYLON THERAPEUTIC INSTITUTE

281 Phelps Lane, North Babylon, New York 11703-4006

Phone: 631-893-1050 Fax: 631-893-2136

Therapeutic Recreation Program

Monday	6:30-8:30pm	Arts & Crafts	Phelps Lane Annex
Tuesday	6:30-8:30pm	Bowling	Strike 10 Lanes (Deer Park)
Friday	6:30-8:30pm	Sports	Town of Babylon Annex

Monthly Dance

You may register for all of the programs or only some. Registration is ongoing and transportation is available if qualified.

Disabled Transportation

Transportation is available to and from medical appointments on Tuesdays and Wednesdays. Please call for schedule availability.

Transportation for grocery shopping is available on Thursdays and Fridays, beginning at 9:15AM. Please call for further information.

Prior notice of 72 hours is required for the scheduling of all transportation appointments. Registration forms must be completed before transportation will be provided.

Town of Babylon Therapeutic Institute, Services for the Disabled, is solely responsible for the distribution of the New York State Department of Motor Vehicle Disabled Parking Permit and Meter Waving Permit only to Town of Babylon residents with appropriate documentation

The Babylon Therapeutic Institute, Inc., is a not-for-profit corporation funded by the Town of Babylon, County of Suffolk, and State of New York.



FOR YOUR INFORMATION



TO KEEP YOU UPDATED WITH IMPORTANT INFORMATION TO ASSIST YOU,
PLEASE USE THE FOLLOWING NUMBERS AS NEEDED.

AARP

General 1-888-687-2277; www.aarp.org

Food Stamps

Catholic Charities 631-789-9546

Social Services 631-854-6600 or 631-854-9985



Islip Hotline

Referral Services & Crisis Intervention Assistance
631-277-4700

Meals on Wheels/Amityville

631-789-5219



MEDICARE

800-633-4227; www.medicare.gov

deliver a difference

Residential Energy Assistance Program (REAP)

Program to lower electric costs for income eligible families. 800-263-6786



Residential Repair/Home Chores

Offers Town of Babylon residents (60+) minor home repairs. 631-422-7680

SCAT

Suffolk County Accessible Transportation for Disabled. 631-853-8337/631-738-1150

Social Security

1-800-772-1213; www.socialsecurity.gov



Spangle Drive Senior Center 631-422-7610

Touro Law Center Senior Citizens' Law Program

Free legal services to Suffolk County Seniors 60 year of age or older. 631-761-7470

Veterans Information Center

Sgt. John Sardiello, Post 1634. 631-669-3931

Essential Transportation

Provides eligible Seniors with transportation to medical appointments, shopping and Town of Babylon Senior Centers. 631-422-7618/631-893-1056.

HEAP

Home Energy Assistance Program
631-853-8326



Long Island Housing Authority

Senior Housing & Subsidized Housing for Seniors
631-589-7100



MEDICAID

For eligibility information call 631-853-8730

North Amityville Senior Center 631-789-3524

Project Warmth

Provides qualifying families with a one-time grant to pay for fuel services. 631-940-3757

SafeLink Wireless

Free cell phone service to income eligible seniors.
68 minutes/month. 800-378-1684



Senior Citizen ID Card

631-422-7680

Suffolk County Office for the Aging

631-853-8200



Tanner Park Senior Center 631-842-7773

Town of Babylon Reassurance Program

Homebound seniors can receive a friendly phone call each day at the same time.
631-422-7633

Wyandanch Senior Nutrition Center

631-491-4889



To all of our Seniors . . . be very careful about giving personal information (credit card number, social security number, birthdate, etc.) over the phone! Please be sure to ask the assistance of a spouse or family member before giving anyone this type of family information.

North Amityville Senior Center

48-C Cedar Road, Amityville, NY 11701 - 631-789-3524

Director: Tanya Crocker

Daily Activities



9:00 AM – 10:30 AM
10:30 AM
11:00 AM Mon/Thu.
10:30 AM Mon/Wed/Fri
12:30 PM
1:30 PM Wed

Breakfast
Announcements
Arts & Crafts w/Ms. Lorraine
Move & Groove w/Jeanette Taylor
Lunch
Line Dancing

Bingo/Tuesdays.....Cards go on sale at 11:00 AM

Upcoming Events

Wed-Feb 1 Computer Class at 10:30am

Thu-Feb 2 Dollar Tree at 10:45

Fri-Feb 3 Movie: Mr. Civil Rights I I am (Thurgood Marshall Documentary)

Mon-Feb 6 Shop Rite at 10:45am

Exercise with Jeanette at 11am

Tue-Feb 7 Bingo

Wed-Feb 8 Computer Class with Patty at 10:30

Thu-Feb 9 Stew Leonard's
Exercise with Ms. Jeanette at 10:30am
Town of Babylon Black History Program 6pm

Fri-Feb 10 Trip to Louis Armstrong Home 9am

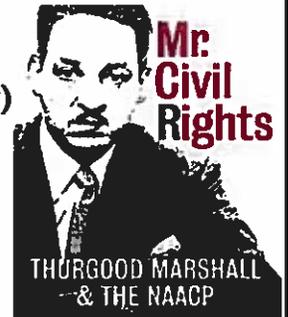
Mon-Feb 1 Exercise with Ms. Jeanette at 11am

Mon-Feb 13 Center Closed-President's Day

Tue-Feb 14 Trip to Wyandanch Library 12pm

Wed-Feb 15 Computer Class at 11am

Thu-Feb 16 Walmart
Exercise with Ms. Jeanette at 11am



UPCOMING EVENTS Continued

Mon-Feb 20 Center Closed
President's Day



Tue-Feb 21 Bingo

Wed-Feb 22 Computer Class at 11am

Thu-Feb 23 Movie: Eyes on the Prize #9

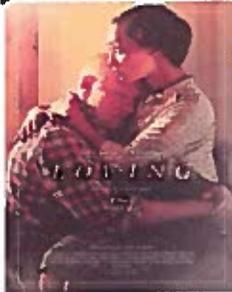
Fri-Feb 24 Black History Month Celebration-
Amityville Memorial High School



Mon-Feb 27 Shop Rite 10:45am
Exercise with Ms. Jeanette at 11am

Tue-Feb 28 Bingo

celebrate
BLACK
history **MONTH**



UPCOMING TRIPS 2017

Trip to Stonington Vineyards
Connecticut, Friday May 19, 2017
\$75 per person

Price includes: Transportation, guided tour of the Stonington Vineyards, 5 Hour Casino Stay at Foxwoods with buffet lunch. Outlet shopping at the new Tanger Outlets connected to Foxwoods. All taxes and gratuities are included. Please arrive at Center at 7:30am sharp!

\$40 Deposit is required by February 1, 2017. Final Payment due by April 12, 2017.

Trip to Sonesto Maho Beach Resort & Casino in St Maarten
Thursday October 5th - Monday October 9th, 2017

\$1160 - Double occupancy (Single Occupancy is available)

Limitless All-Inclusive Resort

\$200 Deposit is due before March 1st, 2017. Limited tickets available! Please call center for details.

Please call Center for reservations at 631-789-3309.



SPECIAL MESSAGES

Senior Advocate (Ms. Jacqueline Fleming-Mitchell) 1st Tuesday of every month at 10:00 a.m.

Senior Center offers computer class Monday, Tuesday and Wednesday with Ms. Patty from 11:00a.m - 12:00p.m.

Exercise with Ms. Jeanette every Monday and Thursday at 11:00a.m.

Arts & Crafts with Ms. Lorraine every Tuesday and Friday 10:30 a.m.

Entertaining music every day during lunch by D.J. Duke or D.J. Mike.

Dance Workshop with Ms. Kim Dudley every other Tuesday at 1:30 a.m.

**Notary on Premises - Monday, Wednesday and Friday
9:00 a.m. to 1:00 p.m. (Please call for an Appointment).**



SENIOR ADVOCATE JACQUELINE FLEMING-MITCHELL FROM THE SUFFOLK COUNTY OFFICE OF THE AGING, AVAILABLE TO PROVIDE ASSISTANCE WITH FILLING OUT MEDICAID, FOOD STAMPS & HEAP APPLICATIONS ON THE FIRST TUESDAY OF EVERY MONTH. PLEASE CALL THE CENTER TO SCHEDULE APPOINTMENTS. (631) 789-3524.



North Amityville Senior Center



HAPPY BIRTHDAY



Ruby Allen	Yolande Colas	Antonio Fiume	Lola Jones	Mary Patterson	
Theresa Bedford	Rev. Lawrence Cook	Marilyn Fritz	Olga Johnson	Shirley Potter	
Charles Brown	Mary Coleman	Linda Foxx	Nadine Jordon	Harry Ralph	
Merlin Brown	Georgeanne Curtis	Stephanie Harris	Deborah Lewis	Shirley Roberson	Zearl Watson
Joyce Bunn	Stanford Davidson	Ellen Holiday	Inez Lester	Dorothy Sandefer	Richard Weingarten
Lucille Bunting	Julio Diaz	Jacki Jackson	Linda Marshall	Margree Shuler	Craig Wood
Thelma Cockrell	Basil Dillon	Myra Jones	Jacqueline Montgomery	Vera Talbert	Roger Williamson



Get Well Wishes

Cecil Bledman	Beverly Simpkins
Thomas Moss	Mary Ellis
Felicia Lane	Evelyn Evora
William Larragui	Linda Pryce
Herbert Collins	Robert Smith
Inez Lester	



NORTH AMITYVILLE SUNSHINE COMMITTEE

The Committee's purpose is to provide care and concern to fellow center members in times of celebration as well as tribulation by sending wishes of congratulations, encouragement or sympathy.

*Sharon Bailey * Edna Campbell * Suzanne Harper*

*Mary Hutley * Inez Lester * Grace Noel*

SAVE THE DATE

February 10, 2017 – Trip to Louis Armstrong Home
 February 13, 2017 – Center Closed
 February 22, 2017 – Trip to Harlem: Amateur Night at the Apollo
 February 20, 2017 – Center Closed
 February 24, 2017 – Black History Celebration I I am



Please call the Center for reservations.

Tel# (631) 789-3309

HAVE ALL THE FUN!



PAST EVENTS

The New Year is off to a great start! We celebrated the incoming year with our Annual New Year's Party! Jim Ambrosio kept us entertained and we danced the afternoon away! Happy New Year to all! 2017...here we come!

We have finally announced the location of our annual trip out of the country! This year we are travelling to sunny and sandy St. Maarten! This year we are celebrating our 5th year anniversary of traveling to the Caribbean. As a Center we have traveled to Jamaica, Dominican Republic and Aruba. We will stay at the All-Inclusive Sonesto Maho Beach Resort and Casino. A deposit of \$200 guarantees your spot! Don't delay and reserve your tickets today.

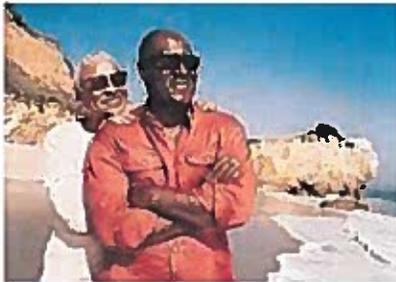
Special thanks to Naama at Visiting Nurse Services for helping to sponsor our New Year's Jam! We appreciate everything you do for our seniors!

THE TOWN OF BABYLON ASSUMES NO RESPONSIBILITY FOR ANY INJURY TO PERSONS OR ANY PROPERTY OR LOSS DURING TRANSPORTATION, AT THE ACCOMMODATION, OR DURING ANY OTHER PHASE OF THE TRIPS DESCRIBED WITHIN THIS BOOK. ALL CANCELLATIONS FOR TRIPS MUST BE DONE TWO WEEKS PRIOR OF TRIP. MONIES FOR BUSES IS NON-REFUNDABLE. PLEASE MAKE NOTE OF SUCH AGREEMENTS WHEN SIGNING UP.

North Amityville Senior Center

2017 Trip Calendar

February 17th	Louis Armstrong Museum 11am \$45 pp
February 22ND	Amateur Night at the Apollo 2pm \$70 pp
March 24th	Trip to African American Museum in Hempstead \$10 pp
April 28th	15th Center Anniversary at Capt. Bills TBA
May 19th	Trip to Stonington Vineyards/Foxwoods Casino \$75 pp
June 16th	Trip to African American Museum in Wash DC \$105 pp
August 18th	Philadelphia Spirit Cruise \$110 pp
October 5th,9th	St Maarten Trip \$200 Dep. pp



48 Cedar Road

North Amityville, NY 11701

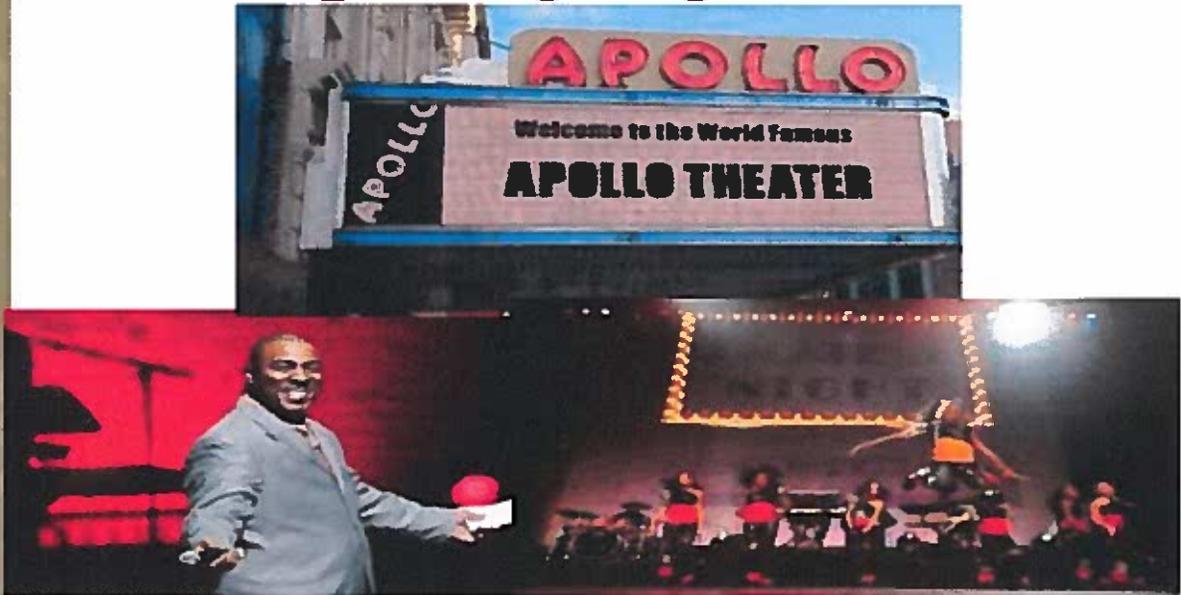
631-789-3309

Dates are subject to change. Please call the center for details.

North Amityville Senior Center

Seniors Having Fun!

**North Amityville Senior Center
Presents:
“Amateur Night at the Apollo”
Opening Night 2017**



Wednesday February 22, 2017

\$70 per person

Includes, Transportation, Lunch and ticket to Amateur Night

Please arrive at Center at 2pm

\$30 deposit reserves your seat



North Amityville Senior Center

48 Cedar Road
North Amityville, NY 11701
631-789-3309

SOLD OUT

SOLD OUT

SOLD OUT



Seniors Having Fun!

**North Amityville Senior Center
Presents:
Trip to The Louis Armstrong Museum**

Friday February 17, 2017

\$45 per person

Payments due by February 5, 2017

Includes: Transportation, Museum Tour and Buffet Lunch at

"Southern Girls" Soul Food Restaurant

Please arrive at the center at 10:30am.

We will leave Queens at approximately 4pm.



**Southern Girls
Home Cookin'**



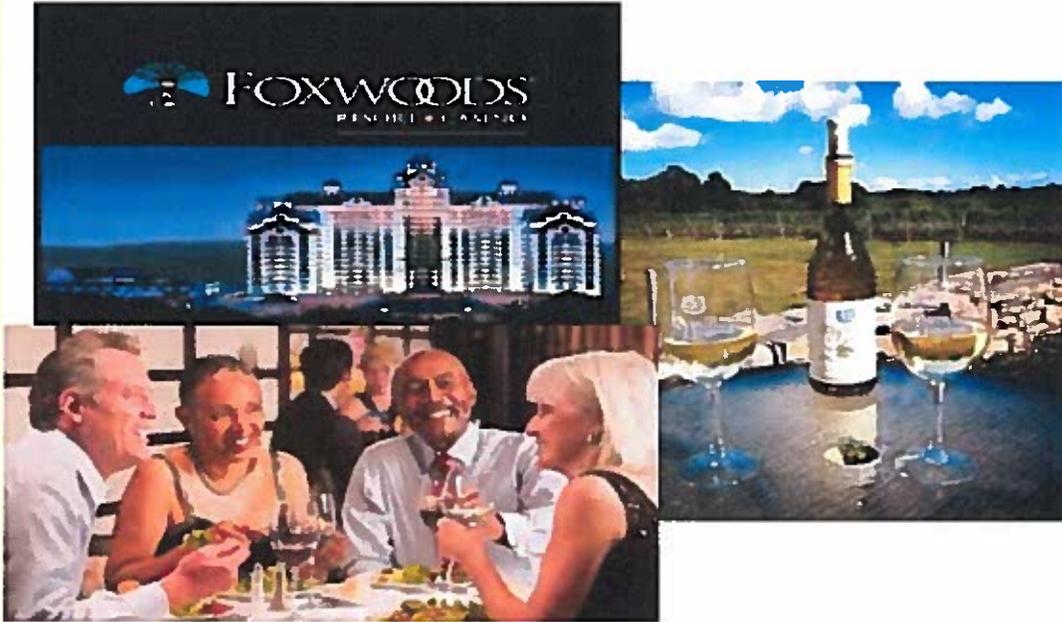
**Louis Armstrong House Museum
34-56 107th Street
Flushing, NY 11368**

*North Amityville Senior Center
48 Cedar Road
North Amityville, NY 11701
631-789-3309*

North Amityville Senior Center

Seniors Having Fun!

North Amityville Senior Center Presents: Trip to Stonington Vineyards And Foxwoods Casino



Friday May 19, 2017

Stonington Vineyards in Connecticut and Foxwoods Casino

\$75 per person. \$40 Deposit due by February 1, 2017.

Final Payment due by April 12, 2017.

Includes Transportation, Tour of Vineyard, Buffet Lunch, 5 hr Casino stay at Foxwoods Casino. Shopping is available.

Please arrive at Center by 7:30am.



North Amityville Senior Center

**48 Ceder Road
Amityville, NY 11701
631-789-3309**

NASC
Seniors Having Fun!

North Amityville Senior Center Presents: Trip to St. Maarten October 5-9, 2017

The **Sonesta Maho Beach Resort & Casino**, with its limitless all-inclusive meals, drinks, is great for all couples families and groups. The resort is the largest all-inclusive hotel on the island. Enjoy enticing a la carte menus and sumptuous buffets, exciting theme nights, all beverages and tropical drinks in all our restaurants and bars.

The resort features a large pool area with swim-up bar, cascading waterfalls, a kids pool, five restaurants and five bars, Serenity Spa, Logo Shop, tour desk, fitness center, tennis courts and Casino Royale.

Guest Day Passes are available to sister resort **Sonesta Great Bay Beach Resort Casino and Spa** (adults only) with complimentary use of the resorts facilities and all inclusive meals and drinks.



SONESTA MAHO BEACH RESORT & CASINO
SINT MAARTEN
LIMITLESS ALL-INCLUSIVE RESORT

North Amityville Senior Center

48 Cedar Road Bldg 3
North Amityville, NY 11701

631-789-3309
Tgilliard@townofbabylon.com

Rates—Before April 1, 2017

\$1160—Double Occupancy

\$1610—Single Occupancy

\$1110 Triple Occupancy

Air and Land Package Total



Director's Nook

By Tanya Crocker, Director, North Amityville Senior Center



Greetings Seniors!

February is Black History Month! Every year in February at the North Amityville Senior Center we honor and celebrate a person, place or event that happened 50 years ago that was significant in Black History. This year marks 50 years since the appointment of Supreme Court Justice Thurgood Marshall, Mr. Civil Rights.

50 years ago this year on August 30, 1967 the United States Senate confirmed Thurgood Marshall as an Associate Justice of the Supreme Court of the United States by a vote of 69-11, the first African American so confirmed. Marshall, formerly the Chief Counsel for the National Association for the Advancement of Colored People (NAACP) and appointed a Federal Appeals Court Judge by President Kennedy in 1961, had been working as United States Solicitor General (appointed by President Johnson in 1965) the first African American to hold that position.

It was as counsel for the NAACP that Marshall earned his reputation successfully arguing in front of the Supreme Court the epic *Brown vs. Board of Education*. Marshall definitely had the credentials for appointment to the Supreme Court, perhaps some of the best ever.

Marshall served until 1991 when he retired and died 2 years later of heart disease at the age of 84. Numerous schools, memorials and the like are named in his honor, and the Baltimore-Washington International Thurgood Marshall Airport also bears his name since 2005. *Ebony Magazine* has called Marshall "The most important black man of this century."

Please join us February 3rd for a screening of the documentary "Mr. Civil Rights" at 11am at the Center. This will kick off our black history celebration at the North Amityville Senior Center. Other events include:

February 9th – Town of Babylon Black History Program at Amityville Memorial High School 6pm

February 17th – Trip to Louis Armstrong House Museum 11am (call center for details)

February 22nd – Trip to Apollo Amateur Night 2pm (Sold Out)

February 24th – NASC Black History Program at the North Amityville Senior Center 11am

Enjoy!

*Love ya,
Tanya*



Spangle Drive Senior Center

438 Spangle Drive * North Babylon, N.Y. 11703
(631) 422-7610

Monday - Friday 9:00 a.m. - 4:00 p.m.



Director: Carolyn Epifane
Card Playing, Bingo, Billiards
& Ping Pong Daily



NUTRITION LUNCHES: MUST BE ORDERED BY 11:00 A.M. OF THE SAME DAY OR A DAY AHEAD OF TIME. DONATION IS \$2.00 PER MEAL.

Upcoming Events

Wed-Feb 1	Morning Bingo Arts & Crafts with Barbara & Beth Trip to Dollar Tree Store Music & Dancing w/Tony & the Boys Glee Club w/Jeanette	10:30 am All Day 11:00 am-12:00 pm 12:30-2:30 pm 2:30 pm
Thu-Feb 2	Morning Bingo Crafts with Beth Computer Class w/Betty Trip to Christmas Store Tonight Music & Dancing w/Jim	10:30 am All Day 11-12:00 pm 11-12:00 pm 5:30-8:30 pm
Fri-Feb 3	Morning Bingo Ceramics/Arts & Crafts with Beth THE NEW YORKERS Glee Club	10:30 am All Day 1:00 pm 2:30 pm
Mon-Feb 6	Morning Bingo Ceramics/Arts & Crafts with Beth Wii Bowling w/Bea & Jerry Music & Dancing w/Jim This is The Birthday Party Day	10:30 am All Day 11-12 pm 12:30-2:30 pm
Tue-Feb 7	Morning Bingo Crafts w/Beth Ballroom Dancing w/Vinny Jzanus Home Care w/Chris HORSE RACING COME JOIN US!	10:30 am All Day 10-11:00 pm 11:30 am 1:00 pm
Wed- Feb 8	Morning Bingo Crafts w/Beth Trip to the Dollar Tree Music & Dancing w/ Tony & the Boys Glee Club w/Jeanette	10:30 am All Day 11-12:00 pm 12:30-2:30 pm 2:30 pm
Thu-Feb 9	Morning Bingo English as a Second Language with Marie Computer Class w/Betty Trip to K-Mart Music & Dancing w/Jim	10:30 am 10:30 am 11-12:00 pm 11-12:00 pm 5:30-8:30 pm
Fri-Feb 10	Valentine Day Party	11-3:00 pm
Mon-Feb 13	CLOSED FOR LINCOLN'S BIRTHDAY	
Tue-Feb 14	Happy Valentine Day Morning Bingo	10:30 am



Spangle Drive Upcoming Events

Tue-Feb 14	Ballroom dancing w/Vinny New Program w/Donna called Eat Smart New York Cooking In class Also #1 Class BIG BINGO JOIN US!	10:00 am-11:00 am 11:00 am-12:00pm 1:00 pm 10:30 am 11:00 am-2:00 pm 11:00 am-12:00 pm 12:30-2:30 pm 2:30 pm
Wed-Feb 15	Morning Bingo St. Frances Outreach Bus Trip to Dollar Tree Tony & the Boy's Music & Dancing Glee Club w/Jeanette	All Day 10:30 am 11:00 am-12:00 pm 5:30 pm-8:30 pm 10:30 am-12:00 pm All Day 11:00 am-12:00 pm
Thu-Feb 16	Arts & Crafts with Beth Morning Bingo Computer Class w/Betty Tonight Music & Dancing w/Jim	All Day 10:30 am 11:00 am-12:00 pm 5:30 pm-8:30 pm 10:30 am-12:00 pm All Day 11:00 am-12:00 pm
Fri-Feb 17	Morning Bingo Ceramics/Arts & Crafts w/Beth Trip to Wal-Mart	All Day 10:30 am 11:00 am-12:00 pm 5:30 pm-8:30 pm 10:30 am-12:00 pm All Day 11:00 am-12:00 pm
Mon-Feb 20	CENTER CLOSED PRESIDENT'S DAY	
Tue-Feb 21	Arts & Crafts with Beth & Barbara Morning Bingo Ballroom Dancing w/Vinny 2 nd Class w/Donna Eat Smart New York HORSE RACING JOIN US!	All Day 10:30 am 10:00 am-11:00 pm 11:00 am-12:00 pm 1:00 pm 10:30 am 11:00 am-12:00 pm All Day 10:30 am 10:30 am 11:00 am-12:00 pm All Day 1:00 pm 10:30 am-12:00 pm 11:00 am-12:00 pm 12:30 pm-2:30 pm 2:30 pm 10:30 am-11:30 pm 11:00am-12:00 pm All Day 11:00 am-12:00 pm 12:30-pm-2:30 pm 10:30 am 10:00 am-11:00 am All Day 11:00 am-12:00 pm 1:00 pm
Wed-Feb 22	Morning Bingo Trip to Dollar Trip Arts & Crafts w/Beth	
Thu-Feb 23	Morning Bingo English as a Second Language with Marie Computer Class w/Betty Arts & Crafts w/Betty BIG BINGO COME JOIN US!	
Fri-Feb.24	Morning Bingo Trip to Dollar Tree Store Tony & the Boys Glee Club with Jeanette	
Mon-Feb 27	Morning Bingo Computer Class w/ Betty Crafts with Beth Wii Bowling w/Bea & Jerry Music & Dancing w/Jim	
Tue-Feb28	Morning Bingo Ballroom Dancing w/Vinny Arts & Crafts w/Beth 3 rd Class w/Donna Eat Smart New York BIG BINGO JOIN US!	

Eat Smart New York!



Eat Better For Less!



PAST EVENTS:

Congratulations to all our Lucky Winners:

Charlene George	Charles Spiter
Lester Bishop	Fran Gambacortta
Lydia Caruso	Dottie McCormick
Yalee Fu	Nancy Fanny
Diane Stan	Lucille Cimino (won wine)
Madeline Cacanese	Elaine Valente (won the Basket)



Spangle Drive Occasions *Happy Birthday!*

HAPPY BIRTHDAY TO ALL OUR FEBRUARY CELEBRANTS!

Mary Alonzo	Jessie Cornelius	Anna Hill	Patrick Long	Rosalia Palminteri	Christina Santaniello
Sylvia Best	Ralph Crapanzano	Janet Hunsucker	Renee Manganello	Rosalie Pantala	Joan Scarfi
Nancy Bonsignore	Carl Cuozzo	Grecia Jaime	Marge Marino	Josephine Petito	Anthony Scelso
Russell J. Broillet	Thomas Delpenza	Julio Jimenez	Pat Mayers	William Pierre	Arline Selby
Marie Cardenas	Eilleen Dowden	Joan Kaiser	Brenda Moore	Maryann Regano	Angelina Serino
Grace Cascio	Sonny Fucks	Joan Kalman	Eugene Moore Sr.	Tito Rijo	Jack Shmid
Richard Cashman	Dominick Gagliardi	Alfred Kienlaut	Armond Mule	John Ronzo Sr.	Dolores Smith
Connie Catalano	Harry Haferkamp	Muriel Lang	Joan Murphy	Shirley Rubin	Jane Smith
Kenneth Chase	Beverly Hanley	Carol Locotondo	Angelina Naglieri	Rose Sacco	Kim Spelman
Laura Cooper	William Hickman Jr.	John Loehr	Grace Otomo	Carl Sandler	Katherine Stenz

Walter Tarasiewicz
Armando Tottie
Josephine Verdi
Mary Vitti



France Voegler
Olga Westby
Katyh Wolf

**happy
birthday
to you!**

**happy
birthday
to you!**

If we miss anyone please let the front desk know. Thank you.

Marylou & Ruben Escobar
Charles & Paula Bianculli
Walter & Lenora Dowling
Gina & Frank Calabrese

February 1
February 8
February 12
February 27

51 Years
68 Years
61 Years
72 Years



Happy Anniversary!!!

TO ALL OUR FEBRUARY LOVE BIRDS

*Please say a few prayers for some of our
Seniors who are not feeling so well.
Thank you.*



Mary Petrosky
Muril Lang
Dorothy McCarthy

We are sorry to announce we lost
two of our beloved members.
REMEMBER IN YOUR PRAYERS:

Pete De Stefano
Bunny Tagliaferri



Monthly Birthday Party 2017

The Committee will be holding a monthly birthday celebration for all who's birthday is that month. The day will correspond with the first Monday that Jim Ambrosio is playing.

See dates below

January 23

February 6

March 6

April 3

May 15

June 5

July 10

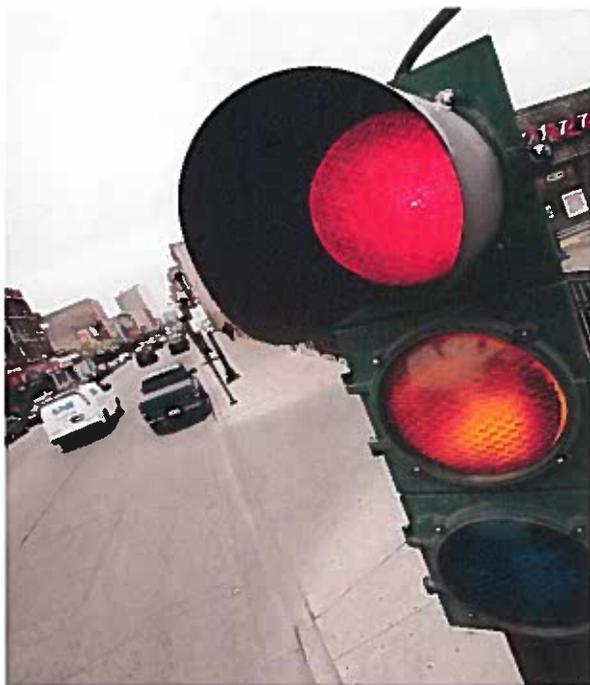
August 7

September 11

October 2

November 6

December 4



Mayhem on the Road

By Joan Wormell

As you drive your car today
Your attention must never stray
From other drivers in your lane
Because they think that you're fair game
To get ahead is their motto
Do they think they'll win the lotto?
All their weaving
What does it do
To get stuck at the light
In front of you.



JOIN SPANGLE DRIVE SENIOR CENTER ON A DELIGHTFUL TRIP!!!

ROCKING HORSE RESORT

TUESDAY, OCTOBER 10—FRIDAY, OCTOBER 13, 2017

4 DAY 3 NIGHT TRIP INCLUDES:

**ROUND TRIP TRANSPORTATION HOTEL/MEALS BUS DRIVER
GRATUITIES AND BAGGAGE HANDLING**

PICK UP AT 8:30 A.M. AT SPANGLE DRIVE CENTER

DURING THE DAY

**3 DELICIOUS MEALS—DAY TIME ACTIVITIES—HAY RIDES-
SAUNA—PADDLEBOATS—TRIVIA & MUCH MORE**

INDOOR POLL—HAPPY HOUR—HORSEBACK RIDING

IN THE EVENING

**DELUXE ACCOMMODATIONS—LIVE MUSIC & DANCING
MORE GAMES AND PRIZES**

PRICE

\$525.00 PER PERSON DOUBLE OCC.

\$645.00 PER PERSON SINGLE OCC.

\$515 PER PERSON TRIPLE OCC.

PAYMENT

**DEPOSIT OF \$50.00 PER PERSON DUE BY APRIL 30, 2017
FINAL PAYMENT DUE ON OR BEFORE SEPTEMBER 1, 2017**

For information and reservations please call

Lorraine Petito at (631) 667-5452

Please make checks out to

Babylon Senior Travelers

Mail to Lorraine Petito

75 Dollard Drive

North Babylon, NY 11703

Spangle Drive Trips

Trip Coordinator: Lorraine Petito
Make checks payable to:
Babylon Senior Travelers



Spangle Drive Senior Center presents:
REMINDER

Woodloch Pines 2017 Trip
May 1st to May 5th 2017

4 Nights (Lake View, Springbrook or Mt Laurel rooms)
\$672 per person (Double occupancy)
\$548 per person (Triple occupancy)
\$730 per person (single occupancy)

\$50.00 Deposit Due Now.

Final Payment Due On or Before March 15, 2017

Make checks payable to Babylon Senior Travelers
Please put phone number on check.

Mail to: Lorraine Petito
75 Dollard Drive
North Babylon, NY 11703
631-667-5452 if you have a question call Lorraine

The Town of Babylon assumes no responsibility for any injury to persons or any property or loss during transportation, the accommodation, or during any other phase of the trips described within this book. However, claims can be made to the carrier or lodger.

Please always check board for details and information and upcoming trips.

Your name on any list only indicates desire to go. Payment only guarantees your place. If you wish receipts or flyers mailed to you, please send a self addressed stamped envelope.



ITALIAN FEAST OF ST. JOSEPH at the Staaten

Waiting List Only

MENU: Fresh Salad, Pasta or Soup,
Chose one—Sirloin of Beef, Chicken
Parmesan or Sole Oreganato, Dessert, Coffee
or Tea

DATE: Wednesday, MARCH 29, 2017

COST: \$70.00 Includes; One Hour Open Bar,
Lunch, a Show and Gratuities.

PICK UP TIME: 9:30 AM

Make check payable to
BABYLON SENIOR TRAVELERS
Put your phone number on check.

Mail to : Lorraine Petito
75 Dollard Drive
North Babylon, NY 11703



The Town of Babylon assumes no responsibility for any injury to persons or any property or loss during transportation, the accommodation, or during any other phase of the trips described within this book. However, claims can be made to the carrier or lodger. Please always check board for details and information and upcoming trips.

Your name on any list only indicates desire to go. Payment only guarantees your place. If you wish receipts or flyers mailed to you, please send a self addressed stamped envelope.

Tanner Park Senior Center

Baylawn Avenue, Copiague, NY 11726 * Tel# 842-7773

Director: Nancy Delaney

Center Hours: Monday - Friday 9:00am - 4:00pm

Billiards/Card Playing/Table Games



FEBRUARY



BINGO



Wed-Feb 1	Line Dancing with Eileen Shopping Dollar Store The Nostalgics - Oldies Music	10:00am-12:00pm 10:15am 1:00pm
Thu-Feb 2	Bingo game	12:00pm-2:00pm
Fri-Feb 3	Jim DePalo sounds 40's 50's	10:00am-12:00pm
Mon-Feb 6	Exercise Class with Maxine Presentation "Planning for tomorrow" JZanus Home Care, Inc. Chris Turner	10:30am-11:30am 11:30am
Tue-Feb 7	Tai-Chi with Mickie Computer lessons by appt with Betty Nissi Diabetes Care, PC presents "How to Manage Diabetes" by Joyce Adedugbe	10:30am-11:30am 11:00am-12:00pm 11:30am
Wed-Feb 8	Wii Bowling Line Dancing with Eileen Shopping Walmart Craft with Committee	1:00pm 10:00am-12:00pm 10:15am 11:00am
Thu-Feb 9	Bingo game	12:00pm-2:00pm
Fri-Feb 10	Jim DePalo sounds 40's 50's	10:00am-12:00pm
Mon-Feb 13	Center Closed - Lincoln's Birthday	
Tue-Feb 14	Happy Valentine's Day Tai-Chi with Mickie Computer lessons by appt with Betty Wii Bowling	10:30am-11:30am 11:00am-12:00pm 1:00pm
Wed-Feb 15	February Birthday's Celebration SCOFA Senior Advocate Line Dancing with Eileen and the Copiague H.S. students Shopping Dollar Store	8:30am-12:30pm 10:00am-12:00pm 10:15am
Thu-Feb 16	Bingo game	12:00pm-2:00pm
Fri-Feb 17	Music & Dancing with Jim Ambrosio	11:00am-3:00pm
Mon-Feb 20	Center Closed - Washington's Birthday	
Tue-Feb 21	Tai-Chi with Mickie Computer lessons by appt with Betty Wii Bowling	10:30am-11:30am 11:00am-12:00pm 1:00pm
Wed-Feb 22	Line Dancing with Eileen Shopping Walmart Karaoke with Dotti & Charlie	10:00am-12:00pm 10:15am 1:30pm-3:30pm
Thu-Feb 23	Bingo game	12:00pm-2:00pm
Fri-Feb 24	Jim DePalo sounds 40's 50's	10:00am-12:00pm
Mon-Feb 27	Exercise Class with Maxine	10:30am-11:30am
Tue-Feb 28	Tai-Chi with Mickie Computer lessons by appt with Betty Wii Bowling	10:30am-11:30am 11:00am-12:00pm 1:00pm

ALL EVENTS SUBJECT TO CHANGE

Notary Public - Joan M. Masterson

Tanner Park Upcoming Events



Happy Birthday To All of our FEBRUARY Celebrants!



Gloria Amoroso
Rose Annarumma
Grace Burke
Anthony Calvaruso
Joe Cancone (Staff-Van Driver)
Anna Capogna

John Conlin
Rhea Darling
Nancy Delaney (Director)
Ernest Draude
Marge Edelman
Russ Englot

Mary Finger
Lorraine Flood
Patricia Gregorio (Volunteer-Kitchen)
Richard Gudat
Rose Iamesi
Margaret Mackey

Dominic Maffetone
Emily McDermott
Rae Mirto
Grace Otomo
Frank Perricone
Nancy Quiney
(Committee President)

Joyce Sentoff
Bob Staudt
Liz Vassas
Mary Vento
Delia Wong



TO ALL OF OUR FEBRUARY LOVE BIRDS



Deepest Sympathy to Jerry Roldan (Our Van Driver) for the loss of his father
GERALDO ROLDAN

Deepest Sympathy to the family of
PAUL MENDOLIA

Deepest Sympathy to the family of
JOHN TARASHUK



DON'T FORGET!



Food Pantry Donations Needed



**Sarah Diaz
Mary Finger
Bruce Gaines (Staff-Van Driver)
Odette Israel
Fran Maher**

**Gloria Marino
Maureen Pascucci
Joyce Sentoff
Mary Stillitano
Edith Uhrie
Josephine Valdemira**

Tanner Park Senior Center

From the Desk of
Nancy Delaney
Director



*Happy Valentine's Day
to all my beautiful Seniors*

December just flew by with all the holiday wrappings, singing and partying. Fast move was January taking down decorations and putting up Valentine's decorations. Seems to me that the holidays just fly by, but we are always ready. We will be celebrating Valentine's Day with dancing with Jim from 11:00 AM to 2:00 PM. Come order our delicious lunch from the #1 cook Ms. Brenda at Wyandanch Nutrition center for only \$2.00 or bring your own lunch.

Please don't forget Black History Celebration at the Amityville High School on February 9th, 2017 starting at 6:00 PM. There will be free entertainment and free refreshments. There will also be vendors.

Sooooooooo don't let the cold weather stop you. Get up, get dressed and join us at Tanner. We have heat, hot coffee and lots of warm hugs.

Love you all,

Nancy



Love



Tanner Park Trips

Make Checks Payable to: Tanner Park Senior Travelers. For more information call Tanner Park Senior Center at (631) 842-7773 Monday through Friday 9:00 a.m. to 3:30 p.m.

*NEW PARKING REGULATIONS FOR TRIPS

Please park your cars to the far right of the Tanner Park Senior Parking Lot (when you face the front of the Senior Center the parking spots will be on your right hand side). *Thank you*

March 15, 2017 (Wed) MOHEGAN SUN \$40 PP (includes Driver's gratuity) Each rider receives a \$15 food voucher and \$15 in free bets. Our trip includes a six hour stay at the casino. Lunch on your own options. Bus departs Tanner Park at 8:00am. Our estimated return time to Tanner Park is 8:00pm, depending on traffic. Full payment is due by February 1, 2017.

April 5, 2017 (Wed) BEAUTIFUL-The Carol King Musical \$179.00 PP Join Tanner Park Seniors as we head to Broadway for BEAUTIFUL the hit musical. Broadway's Beautiful tells the inspiring true story of Carole King's remarkable rise to stardom. Includes bus, lunch, orchestra seating, and driver's tip. A family style lunch is served prior to the show at Tony's DiNapoli Italian Ristorante. Our estimated return time to Tanner Park is 6:45pm, depending on traffic. \$100 deposit due by December 12, 2016 (Refundable only if trip is cancelled) Final Balance is due by March 1, 2017.

May 7-8, 2017 (Sun-Mon) DISCOVER NEW HOPE featuring "Clue" at the Bucks County Playhouse. Lambertville, NJ - New Hope PA - and Sands Casino. \$224.00 PP DBL Single \$268.00 PP / Triple \$214.00 PP. \$100 deposit due at signup. Includes Lunch, Show Admission, Dinner, Lodging, Hot Breakfast, Bus transportation Taxes and Tips!! Sands Casino \$30 Slot play & \$5 Food. Departs Tanner Park 8:00am Wed. Returns 8:00pm Thurs.

June 5-6, 2017 (Mon-Tue) MT AIRY CASINO, LOBSTER FEAST & RIVER CRUISE. Join us as we travel to the Poconos and the Hudson Valley. \$249.00 PP Double (\$293 Single/\$238 Triple) Price includes bus transportation, lodging, seafood buffet, hot breakfast, Hudson River cruise, snacks, taxes, and gratuities including the bus driver. Each rider receives \$30 Slot play after earning 250 rewards points at Mt Airy. \$100 deposit due by March 1st - Final Balance due May 1st. Our bus departs Copiague at 8:00am Monday. Bus return to Tanner Park at approximately 7:45pm on Tuesday. See bulletin board for further info on this trip.



September 6-7, 2017 (Wed-Thu) DOVER DOWNS HOTEL & CASINO \$175.00 PP (Includes Driver's gratuity and treats for the ride) Our trip includes overnight accommodations, Free Dinner Buffet, \$50 Slot play and a Free Breakfast Buffet. Bus departs Tanner Park at 9:00am. Our estimated return time to Tanner Park is 8:30pm, depending on traffic. \$75.00 deposit due by June 1, 2017

November 7, 2017 (Tue) MT AIRY CASINO Presents... OH WHAT A NIGHT! A musical tribute to Frankie Valli & The Four Seasons \$72.00 PP includes one hour Matinee Show, \$10 Slots for casino gaming, Lunch Buffet, Snacks & Driver's Tip!! Bus departs at 9:00am sharp - Returns at 9:00pm.

November 30-December 9, 2017 (Thu-Sat) 2017 EAST COAST & BAHAMAS CRUISE - Royal Caribbean International 9 Nights on Grandeur of the Seas. Rates start @ \$1,107.87 PP Including: Cruise, Port Charges, Taxes, Government Fees, Onboard Gratuities, Round-Trip Bus Transportation, Snacks and Refreshments for the outbound bus ride, Gratuities for the Bus driver and Ship Terminal Baggage Handlers, Trip Protection Insurance and more!! See Kerry in the office for an information kit.



For More information

PLEASE Always check the trip board in the main lobby for details, information and upcoming trips. THANK YOU.

Your name on any list only indicates desire to go. Payment only guarantees your place.

Not Responsible for Typographical Errors.

THE TOWN OF BABYLON ASSUMES NO RESPONSIBILITY FOR ANY INJURY TO PERSONS OR ANY PROPERTY OR LOSS DURING TRANSPORTATION, AT THE ACCOMMODATION, OR DURING ANY OTHER PHASE OF THE TRIPS DESCRIBED WITHIN THIS BOOK. ALL CANCELLATIONS FOR TRIPS ARE NON-REFUNDABLE. MONIES FOR BUSES ARE NON-REFUNDABLE. PLEASE MAKE NOTE OF SUCH AGREEMENTS WHEN FIRST SIGNING UP. AFTER THOSE DATES ONLY MEDICAL SICKNESS (WITH DOCTORS NOTE), DEATH OR EMERGENCIES WILL BE ACKNOWLEDGED.

Wyandanch Senior Nutrition Center

28 Wyandanch Ave., Wyandanch, NY 11798 - 491-4889, Hrs: Mon. - Fri. 9 a.m. to 4 p.m.

Sponsored by the Town of Babylon Rich Schaffer, Supervisor
Funded by the Office of the Aging of New York State and Suffolk County

Director: Alicia Portwine



AMD/Low Vision
 Awareness
 Month

• February •

- HOT MEALS ARE SERVED DAILY AND TRANSPORTATION IS PROVIDED. RECREATIONAIDE:
- COMMUNITY DEVELOPMENT, FRAIL ELDERLY SERVICES M-F 9:00AM-2:30PM PROGRAM COORDINATOR: KATHY PENDRELL
- SENIOR ADVOCATE FROM THE SUFFOLK COUNTY OFFICE OF THE AGING, AVAILABLE TO PROVIDE ASSISTANCE WITH FILLING OUT MEDICAID, FOOD STAMPS & HEAP APPLICATIONS: JACQUELINE FLEMING-MITCHELL, TWICE EACH MONTH - CALL CENTER FOR DATES.



Daily Events

ARTS & CRAFTS WITH HERLINE, BINGO, BILLIARDS, CARD PLAYING, TABLE GAMES, MOVIES, EXERCISE AND A FULL COURSE MEAL (BREAKFAST=MEMBERS \$1.00 - NON-MEMBERS \$2.00; LUNCH=MEMBERS \$2.00 - NON-MEMBERS \$4.00)

Wed-Feb 01	Concert and Presentation ElderPlan Bingo Computer Room Open Advanced French Class Table Top Games	10:30AM - 11:00AM 11:00AM-12:15PM 11:00AM - 2:00PM 1:00PM - 2:00PM 1:00PM - 2:00PM
Thu-Feb 02	Bingo Art Club with Herline Computer Room Open Bowling Music	11:00AM - 12:15PM 11:00AM - 12:15PM 11:00AM - 2:00PM 12:00PM - 1:00PM 1:00PM - 2:00PM
Fri-Feb 03	Senior Advocate Bingo Shop Rite Grocery Store Computer Room Open Movie	9:30AM - 12:30PM 11:00AM - 12:15PM 11:00AM - 12:00PM 11:00AM - 2:00PM 1:00PM - 2:15PM
Mon-Feb 06	Bingo Art Club with Herline Exercise with Geraldine Computer Room Open Jewelry Making with Maria	11:00AM - 12:15PM 11:00AM - 12:15PM 11:00AM - 11:30AM 11:00AM - 2:00PM 1:00PM - 2:00PM
Tue-Feb 07	VIBES-Elder Abuse Presentation Bingo Computer Room Open Beginners French Class Have a Little Talk with Kathy Music	10:30AM - 11:00AM 11:00AM - 12:15PM 11:00AM - 2:00PM 1:00PM - 2:00PM 1:00PM - 2:00PM 1:00PM - 2:00PM
Wed-Feb 08	Residential Repair Bingo Exercise with Geraldine Computer Room Open Food Pantry Advanced French Class Table Top Games	10:30AM - 11:00AM 11:00AM-12:15PM 11:00AM - 11:30AM 11:00AM - 2:00PM 1:00PM - 2:00PM 1:00PM - 2:00PM 1:00PM - 2:00PM
Thu- Feb 09	AgeWell Presentation Valentine's Day Party Music by Jim	10:30AM - 11:00AM 11:00AM - 2:00PM
Fri-Feb 10	Bingo	11:00AM- 12:15PM



Wyandanch Senior Nutrition Center *continued*

Fri-Feb 10	Bingo Shop Rite Grocery Store Movie	11:00AM- 12:15PM 11:00AM – 12:00PM 1:00PM – 2:00PM
Mon-Feb 13	CENTER CLOSED- LINCOLN'S BIRTHDAY	
Tue-Feb 14	Bingo Music at Wyandanch Library Computer Room Open Beginners French Class Have a Little Talk with Kathy Music	11:00AM-12:15PM 12:00PM – 1:00PM 11:00AM – 2:00PM 1:00PM – 2:00PM 1:00PM – 2:00PM 1:00PM – 2:00PM
Wed-Feb 15	Staying Independent for Life Computer Room Open Advanced French Class Table Top Games	10:00AM – 12:00PM 11:00AM – 2:00PM 1:00PM – 2:00PM 1:00PM – 2:00PM
Thu-Feb 16	Bingo Art Club with Herline Computer Room Open Bowling Music	11:00AM – 12:15PM 11:00AM – 12:15PM 11:00AM – 2:00PM 12:00PM – 1:00PM 1:00PM – 2:00PM
Fri-Feb 17	BIG BAND Music	10:00AM – 12:00PM 1:00PM – 2:00PM
Mon-Feb 20	CENTER CLOSED- WASHINGTON'S BIRTHDAY	
Tue-Feb 21	Catholic Charities Bingo Art Club with Herline Computer Room Open Beginners French Class Have a Little Talk with Kathy Music	9:30AM – 12:30PM 11:00AM-12:15PM 11:00AM – 12:15PM 11:00AM – 2:00PM 1:00PM – 2:00PM 1:00PM – 2:00PM 1:00PM – 2:00PM
Wed-Feb 22	Bingo Art Club with Herline Exercise with Geraldine Computer Room Open Food Pantry Advanced French Class Table Top Games	11:00AM-12:15PM 11:00AM – 12:15PM 11:00AM – 11:30AM 11:00AM – 2:00PM 1:00PM – 2:00PM 1:00PM – 2:00PM 1:00PM – 2:00PM
Thu-Feb 23	MULTI-CULTURAL DAY Music by Jim	11:00AM – 2:00PM
Fri-Feb 24	Senior Advocate Bingo Shop Rite Grocery Store Movie	9:30AM – 12:30PM 11:00AM-12:15PM 11:00AM – 12:00PM 1:00PM – 2:00PM
Mon-Feb 27	Bingo Art Club with Herline Exercise with Geraldine Computer Room Open Jewelry Making with Maria	11:00AM – 12:15PM 11:00AM – 12:15PM 11:00AM – 11:30AM 11:00AM – 2:00PM 1:00PM – 2:00PM
Tue-Feb 28	Bingo Computer Room Open Have a Little Talk with Kathy Beginners French Class Music	11:00AM – 12:15PM 11:00AM – 2:00PM 1:00PM – 2:00PM 1:00PM – 2:00PM 1:00PM – 2:00PM



Wyandanch Senior Nutrition Center *continued*

FEBRUARY BIRTHDAYS



JOSEPH AUSTIN
NELLY DUPOUX
EVELYN FLOWERS
BEVERLY HANEY

HARRY HENDRICKS
LORRAINE KEITH
HENRY KENNEDY
PATRICIA MAYERS



BRENDA MCDONALD
HORTENSE RAMOS
VICTOR SIMONSON

CARMEN VICTOR
MARY VITI





Thinking of You

Dorothy Hinde	Joseph Austin
King Lewis	Lonnie Batchelor
Violet Squillace	Annie Marsh
Marsha Shepard	Fran McCabe
Percy Motley	Carolyn Peterson
Miriam David	Georgina Newton
Stanley Allen	



I do

AND I'D DO IT ALL OVER AGAIN.

**HAPPY ANNIVERSARY
TO ALL
FEBRUARY CELEBRANTS!**



Pending Trips
(Details to follow)

February is Heart Health Month!!!



Town of Babylon Senior Centers 11th Multi-Cultural Day Celebration

February 23, 2017
Wyandanch Senior Nutrition Center
11:00am-2:00pm
(631)491-4889



Come celebrate with us the awesome diversity of the seniors living in the Town of Babylon. We will have food from the various cultures prepared by the seniors themselves. There will be special entertainment by each center that will definitely bring a smile to your face. DJ Jim will provide the music for the day.

We encourage you to dress in your ethnic attire, bring in an item for display or share a story.



Speak to your center representative let them know what food and/or experience you would like to share on this day. We are excited and looking forward to a FUN FILLED DAY!

WYANDANCH SENIOR COMMITTEE IS
Sponsoring a trip to the
Sands Casino - Bethlehem, Pa



SATURDAY - APRIL 8, 2017

Bus departs Wyandanch Senior Center at 8:00 AM SHARP.

The Sands Casino has more than 3,000 slot and table game machines, penny slots, 30+ poker tables and all the popular table games. The Outlets at Sands has two levels of stores, located just off the food court and casino floor.

Our trip includes a six hour stay at the casino with the latest bus marketing rebate. Lunch on your own options include the Steelworks Buffet & Grill, the Croissanterie, Burgers and More by Emeril, Carnegie Deli, Buddy V's Italian Ristorante, Chopsticks Asian Cuisine and more options in the Food Court.

Our estimated return time to Wyandanch is 8:00 PM, depending on traffic.

\$55.00 PP

(INCLUDES DRIVER'S GRATUITY, PRIZES AND TREATS FOR THE RIDE)



Each rider receives \$30 slot play and \$5 food voucher

Note: Casinos reserve the right to change bus rebates at any time

FULL PAYMENT DUE BY MARCH 17, 2017

*****PAYMENT PLANS ARE AVAILABLE*****

CALL THE CENTER FOR DETAILS 631-491-4889

And speak to GERALDINE OR HERLINE

*North Amityville and Wyandanch Senior Centers
Seniors Having Fun!*


Town of Babylon

**The Wyandanch Senior Nutrition Center
and The North Amityville Senior Center
Presents:
Trip to The National Museum of African
American History and Culture In
Washington D.C.**

Friday June 16th, 2017

\$105 per person

Includes: Round Trip Transportation to Washington DC, Buffet dinner at
The Golden Corral and Ticket to Museum.

Deposit of \$50 is due by March 1, 2017. Final payment due by May 15th.

Reserve your tickets now! Seats are Limited!



Please contact the centers for reservations

**North Amityville Senior Center
48 Cedar Road
North Amityville, NY 11701
631-789-3309**

Or

**Wyandanch Senior Nutrition Center
28 Wyandanch Avenue
Wyandanch, NY 11798
631-491-4889**

Wyandanch Senior Nutrition Center *continued*

A MESSAGE FROM ALICIA PORTWINE DIRECTOR, WYANDANCH SENIOR CENTER

A few quotes from some famous people about Valentine's Day.

We hope this made you smile. Happy Valentine's Day!

Charles M. Schulz:

All you need is love. But a little chocolate now and then doesn't hurt.

Christopher Marlowe:

Money can't buy love, but it improves your bargaining position.

Cher:

Husbands are like fires – they go out when they're left unattended.

Jay Leno:

Today is Valentine's Day – or, as men like to call it, Extortion Day!

Zsa Zsa Gabor:

I want a man who's kind and understanding. Is that too much to ask of a millionaire?

Laurence J. Peter:

It's better to have loved and lost than to have to do forty pounds of laundry a week.

Mickey Rooney:

Get married early in the morning. That way, if it doesn't work out, you haven't wasted a whole day.

Rita Rudner:

I love being married. It's so great to find one special person you want to annoy for the rest of your life.

Phyllis Diller:

Never go to bed mad — stay up and fight.

Anonymous:

Valentine's Day is when a lot of married men are reminded what a poor shot Cupid really is.



**Peace & blessings,
Alicia**



Wyandanch Senior Nutrition Center
 28 Wyandanch Avenue
 Wyandanch, New York 11798
 631 491-4889

FEBRUARY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			BAKED CHICKEN GRAVY BROWN RICE COLLARD GREENS BISCUITS CARROT CAKE GRAPE JUICE MILK	COLD ROAST BEEF SANDWICH VEGETABLE SOUP KAISER ROLLS PINEAPPLE CHUNKS ORANGE JUICE MILK	FRIED FISH SCALLOPED POTATOES STEWED CABBAGE WHEAT BREAD ORANGE MILK	
	5 LASAGNA ROLLS ROMAINE SALAD GARLIC BREAD ORANGE ORANGE JUICE MILK	6 TURKEY & CHEESE VEGETABLE SOUP WHEAT BREAD BANANAS ORANGE JUICE MILK	7 SLICED B-B-Q PORK BAKED BEANS BROCCOLI SOFT ROLLS SWEET POTATO PIE APPLE JUICE MILK	8 BREADED CHICKEN CORN MUSTARD GREENS DINNER ROLLS BUTTERSCOTCH PUDDING ORANGE JUICE MILK	9 FRIED FISH MASHED SWEET POTATOES SPINACH WHEAT BREAD DICED PEARS MILK	11 
12 CENTER CLOSED  LINCOLN'S BIRTHDAY	13 HAM & CHEESE VEGETABLE SOUP MACARONI SALAD KAISER ROLL PINEAPPLE CHUNKS MILK	14 HAM & CHEESE VEGETABLE SOUP MACARONI SALAD KAISER ROLL PINEAPPLE CHUNKS MILK	15 MEATLOAF W/ GRAVY MASHED POTATOES MIXED GREENS WHEAT BREAD DICED PEARS MILK	16 B-B-Q CHICKEN POTATO SALAD GREEN BEANS CORN BREAD POUND CAKE ORANGE JUICE MILK	17 FRIED FISH MACARONI & CHEESE SPINACH WHEAT BREAD FRUIT MELODY MILK	18 
19 CENTER CLOSED  WASHINGTON'S BIRTHDAY	20 SMOTHERED PORK CHOPS GRAVY BROWN RICE MIXED GREENS WHEAT BREAD APPLE SAUCE MILK	21 SMOTHERED PORK CHOPS GRAVY BROWN RICE MIXED GREENS WHEAT BREAD APPLE SAUCE MILK	22 TURKEY & CHEESE TRI-COLOR PASTA SALAD TOSSED SALAD WHEAT BREAD ORANGE APPLE JUICE MILK	23 BREADED CHICKEN YELLOW RICE COLLARD GREENS DINNER ROLLS TROPICAL FRUIT SALAD MILK	24 TUNA FISH CHICK PEA SALAD BEEF SALAD RYE BREAD MANDARIN ORANGES MILK	25 
26 	27 BAKED ZITI W/ CHEESE ROMAINE SALAD GARLIC BREAD DICED PEACHES CRANBERRY JUICE MILK	28 BEEF & BROCCOLI BROWN RICE MIXED VEGETABLES WHEAT BREAD APPLES MILK				

Persons with self-declared incomes at or above 185% of the federal poverty level are encouraged to make a contribution equal to the actual cost of the meal.
 If you would like to visit the Center for lunch, you must call one day in advance before 12:00 noon to advise us at (631) 491-4889.

MENU SUBJECT TO CHANGESEE YOUR CENTER MANAGER FOR UPDATES***

Manor Park Seniors

215 Carlls Path
Deer Park, 667-4356

Sandy Ferreiro - President
Eileen Hasbrouich - Vice-President
Ann McDonagh - Secretary
Eleanor Nistico - Treasurer
Bob Langhans - Sgt. at Arms
Meetings: 2nd Thursday at 7:00p.m



HAPPY BIRTHDAY &
ANNIVERSARY TO ALL OUR
FEBRUARY
CELEBRANTS!!

Our Lady of Grace

Widows & Widowers Club

Our Lady of Grace Parish Center
666 Albin Avenue, West Babylon, NY 11704
Evelyn Jalbert, President
(631) 661-3439

MONTHLY MEETINGS

Third Friday of the month, 12noon, Room 109
Our Lady of Parish Center-Refreshments served



ACTIVITIES

BINGO



Luncheons, Chinese Auctions, Bingo
Silent Auctions, Excursions



For information on upcoming trips,
call Joan Moran
631-669-0584



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VALENTINE'S DAY DANCE

FEBRUARY 18, 2017 * 7 PM TO 11 PM

BUFFET DINNER * OPEN BAR

DJ RALPH

**TICKETS \$25 PER
AVAILABLE AT BAR**

**80 HERBERT AVENUE
LINDENHURST, NY 11757**

CALL 631-226-9552 FOR MORE INFORMATION

Seniors of St. Cyril & Methodius Church

Senior Center, 125 Half Hollow Road
Deer Park, New York 11729 661-2998

Mary Indelicato - President
Marilyn Winans- Vice President
Carol Palma- Treasurer
Rose Gatto - Financial Secretary
Pauline Sganga- Correspondence Secretary
Connie Catalano - Trip Chairperson
Maureen Neder - Sunshine Lady
Richard Kirschenheiter - Publicity
John Winans-Sentinel

Monthly Meetings: 1st Tuesday at 2 P.M.

ACTIVITIES: Art, Crafts, Exercise, Tai-Chi,
Bingo & Line Dancing.

INSTRUCTORS:

Sue Sganga, Annette Campbell, Clemie Gagliardi
& Marge Pasqualone

**HAPPY BIRTHDAY TO ALL OUR
FEBRUARYCELEBRANTS!**



DEER PARK HOMEMAKERS

Come for:

- ❖ Crafts, Games, Speakers
- ❖ Community Service Projects
- ❖ Outings to Local Off-Broadway Plays And Places of Interest
- ❖ Fun, Conversation and Refreshments

Ladies come check us out for a
free trial before joining



When: First Monday of Month 10 am

Where: Community Presbyterian Church
1843 Deer Park Ave (corner of Lake Ave)

Contact: Sue Cotter at 631-669-8312

(Note: Not affiliated with any church denomination)



Amityville Village Senior Citizens

Park North School

Park Ave. & Ireland Place, Amityville (enter at rear parking lot)
Phone: 264-5353

Pat O'Neill- Director

Terry Smith, Theresa Cardinale, Janice Soares
Christine Schulze, Jessica Bernius-Liaison



Directions: Rte.110 South-Bear right at the Gazebo. At blinking light turn right onto Ireland Pl. Make a left into parking lot behind red brick building. Enter at rear-door, up ramp.

Monday 10am Bridge
Tuesday 10am Scrabble (If you can spell, you can play) Rummicub
Thursday 10am Mexican Train Domino Game
Friday 10am Canasta - beginners welcome/Mahjong - beginners welcome

Activities:

Wed. 2/1/17 - Movie - HOW TO DANCE IN OHIO
Wed. 2/8/17 - Movie - BAD MOMS
Wed. 2/15/17 - Movie - THE MEDDLER



CLOSED: Monday 2/20 - Friday 2/24

Trips:

**BIRTHDAY GREETINGS
TO ALL FEBRUARY CELEBRANTS!!!!**

Young at Heart Seniors

Sally DeBlasi-	President
Terry Sofia-	Vice President
Lydia Santangelo-	Secretary
Tillie Amendola-	Treasurer
Helen Paolantonio-	Sunshine
Margaret Lawler-	Publicity
Betty Russo-	Hospitality
Meetings:	Tuesday - 10:00 AM - 2:00 PM
Activities:	Canasta, Poker, Michigan Rummy, Bridge, May I



HAPPY
BIRTHDAY
to our
FEBRUARY
BABIES





Rainbow Senior Center



293 Buffalo Avenue, Lindenhurst 631-957-7526
 Funded by Incorporated Village of Lindenhurst
 Barbara Poldino – Director
 Dawn Shipsey - Assistant Director
 Weekly Hours - 10:00 am-4:00 pm

Monday & Wednesday-Exercise Class 10:30 am
 Tuesday-Bingo 10:30 am
 Thursday-Quilt Class 10:00 am - 2:00 pm
 Friday - Art Class 10:00 am - 2:00 pm
 Monday - Friday - Card Room & Pocket Billiard



FEBRUARY 2017



~ THE RAINBOW SENIOR CENTER IS NOW A NUTRITION SITE ~
 IN CONJUNCTION WITH THE TOWN OF BABYLON. HOT MEALS ARE SERVED
 EVERY MONDAY - THURSDAY. FOR INFORMATION PLEASE CONTACT OUR OFFICE AT 957-7526.

OUR REGULAR WEEKLY EVENTS

EXERCISE CLASS – 10:30 AM **MONDAYS & WEDNESDAYS**
 START YOUR MORNING WITH INSTRUCTOR IRENE SYZJKO. THIS EXERCISE GROUP IS A SIT DOWN CLASS WITH
 PLENTY OF BENDING & STRETCHING. OUR GROUP HAS FUN WHILE GETTING HEALTHY!

BINGO – 10:30 AM **TUESDAYS**
 SHARE A FUN AFTERNOON OF BINGO. ONE MYSTERY WEEK PER MONTH WILL FEATURE A SURPRISE FROM
 CENTURY 21 AA REALTY. WE CAN NOT THANK THEM ENOUGH FOR THEIR GENEROSITY ALL YEAR LONG.

QUILTING CLASS – 10:00 AM – 2:00 PM **THURSDAYS**
 INTERESTED? COME ON IN AND JOIN OUR QUILTING CLASS WITH INSTRUCTOR MARYELLEN RANSOM. ALL AGES
 ARE WELCOME. QUILTS ARE FOR DONATION, PERSONAL USE AND WALL HANGINGS.

COFFEE, COLORING AND CONVERSATION CLUB **THURSDAYS**
 BRING YOUR PENCILS/MARKERS & CONVERSATION. COLORING PAGES & COFFEE WILL BE PROVIDED.

ART CLASS – 10:00 AM
FRIDAYS
 JOIN THIS EXCITING ART CLASS WITH OUR INSTRUCTOR. BEGINNERS TO ADVANCED STUDENTS ARE WELCOME.
 ANYONE INTERESTED IN BEING A MODEL, STOP BY THE OFFICE TO SIGN UP.

OUR MONTHLY EVENTS

SUFFOLK COUNTY SENIOR ADVOCATE – 8:30 AM – 10:30 AM **WEDNESDAY ~ FEBRUARY 1**
 IF YOU NEED TO SEE SENIOR ADVOCATE FANCHEA PASCARELLA PLEASE CALL OFFICE FOR AN APPT.

HORSE RACING – 12:00 PM **THURSDAY ~ FEBRUARY 2 & 16**
 COME CHEER ON YOUR FAVORITE HORSE, LOTS OF FUN & EXCITEMENT.

BLOOD PRESSURE SCREENING – 10:00 AM **TUESDAY ~ FEBRUARY 28**
 PLEASE STOP BY TO SEE THE VISITING NURSE FOR BLOOD PRESSURE SCREENING.

THE RAINBOW CENTER is seeking Knitters & Crocheters to join the Rainbow Center
 donation team, please call 957-7526 for more information.

FOOD & CLOTHES DRIVE Please Support Families In Need. Drop off at the Rainbow Center.
Support the Lindenhurst Rotary w/the donation of a gently used coat or winter apparel.

Essential Services provided to Incorporated Village of Lindenhurst Residents
 Free Van Service from your home to the Rainbow Center Mon - Thurs. Call for details.
 Taxi Voucher Books available for discounted taxi rides.

Rainbow Senior Center



THE LINDENHURST CAMERA CLUB MEETS THE 1ST, 2ND & 3RD THURSDAY EVENING OF EACH MONTH 8 PM

CHECK OUT OUR INDOOR SHUFFLEBOARD COURT AND JOIN OUR RAINBOW MILE CLUB
Participate in our incentive based walking program. Be rewarded while getting healthy!

OUR SPECIAL EVENTS

KARAOKE

WEDNESDAY ~ FEBRUARY 1

Starts at 10:30 AM. COME SING ALONG WITH DOTTI & CHARLIE. Join us for a fun morning of karaoke.

RAINBOW CENTER LUNCHEON

WEDNESDAY ~ FEBRUARY 15

PLEASE JOIN US FOR OUR LUNCHEON w/MUSIC & DANCING FT. TONY GRANT. Luncheons require reservations & payment 1 week in advance. We cannot accommodate last minute additions going forward. So don't miss out, get your reservations in and join us!

MOVIE DAY

THURSDAY ~ FEBRUARY 23

12:30 PM START TIME. SNACKS & DRINKS TO BE SERVED. Feature Movie: "Hook, Line & Sinker"

TAI CHI FOR SENIORS

MONDAY'S & WEDNESDAY'S ~ MONTH OF APRIL & MAY

11:00 AM. ENHANCE YOUR MENTAL & PHYSICAL WELLNESS w/our new Tai Chi workshop series provided by the Suffolk County Office for the Aging. Tai Chi is fun, easy to learn and provides numerous health and healing benefits. Registration required in office or call (631) 957-7526.

RAINBOW TRIPS

NOW BOOKING UPCOMING TRIPS:

EMPIRE CITY CASINO

FRIDAY ~ MARCH 24

Roll those dice @ Empire City Casino, Yonkers. Includes current casino package.

BERMUDA BREAKAWAY

SUNDAY, APRIL 30 – SUNDAY, MAY 7

The Rainbow Center presents a cruise to Bermuda aboard the beautiful *Norwegian Breakaway*. Pkg. includes onboard cabin credit, balcony stateroom, all taxes and insurance, unlimited drink pkg. & paid weekly gratuities. Call Joan Carezza for more info.

SIGHT & SOUND

TUESDAY ~ JUNE 13

Set sail on an exhilarating journey with "Jonah" a sweeping musical with powerful themes of love, mercy, obedience & second chances. Same great seats as last year. Includes lunch at Miller's Smorgasbord. A whale of a deal @ \$123 pp. See Joan for tickets.

LANCASTER THEATER TRIP

WEDNESDAY – FRIDAY ~ SEPTEMBER 13 – 15

Three days & two nights in the heart of Lancaster. Buffet dinner & show "Pippin" @ the Dutch Apple Dinner Theater and "Vegas Legends" @ the American Music Theater. Amish Farmlands Tour. Kitchen Kettle Village. Breakfast & Shady Maple buffet. See Joan for more information.

THE RAINBOW CENTER WILL BE CLOSED MONDAY, FEBRUARY 20th

in observance of Presidents Day



FEBRUARY

HAPPY BIRTHDAY CELEBRANTS



Marilyn Abbott ~ Dorothy Bott ~ Tony Nunziata ~ Katherine Schmid ~ Joyce Sentoff



Deer Park Community Center Members Club



Come be a part of our Members Club at the new Town of Babylon Deer Park Community Center. Here you can enjoy arts & crafts, card and board games, classic movie day, and so much more!

You will also be able to enjoy complimentary coffee, tea, and snack cakes! Please feel free to bring your own snacks and lunch too!

We are open Tuesdays & Thursdays from 10:00AM—2:00PM

If you have any questions or would like more information please feel free to contact 631-422-7626 during regular business hours or stop down during program operating hours!



Town of Babylon Deer Park Community Center
41 Homer Avenue
Deer Park, NY 11729

Center Phone Number: 631-940-7661

Business Office Number: 631-422-7626

Email: tob.dpcc@gmail.com



The Town of Babylon Deer Park Community Center is a part of the Town of Babylon Youth Institute, a not for profit organization funded by the Town of Babylon, County of Suffolk and State of New York.



National AMD and Low Vision Awareness Month

February is National AMD and Low Vision Awareness Month. Age-related macular degeneration (AMD) is the leading cause of vision loss for individuals age 50 and older. Macular degeneration is a progressive, usually painless disease that affects the macula, the spot on the retina at the back of the eye responsible for central vision, causing central vision to blur, but leaving peripheral vision intact. In its earliest stages, AMD can be difficult to diagnose. In some cases, AMD progresses so slowly that many do not notice a change in their vision. In other cases, the deterioration is very rapid and can appear to happen overnight. There are two forms of AMD: wet and dry. It is possible to experience both forms at the same time, in one or both eyes.

What is Low Vision?

From the National Institutes of Health Senior Health Pages, we get a clear definition. *People with low vision find everyday tasks difficult to do - even with the aid of regular glasses, contact lenses, medicine or surgery. Reading the mail, shopping, cooking, seeing the TV and writing can seem challenging.* Their eye care physician has advised them that there isn't much that can be done to improve their vision.

See your eye care professional for an evaluation if you experience these symptoms of AMD

- Straight lines appear wavy
- Difficulty seeing at a distance
- Decreased ability to distinguish colors
- Inability to see details, such as faces or words in a book
- Dark or empty spots block the center of your vision

www.hap.org



OLPH Golden Age Senior Citizen Social Club New School Building

High Street, Lindenhurst - Room #24

PRESIDENT – DOLORES BARONE (613) 957-3432

VICE PRESIDENT – CECELIA PASTORE

SECRETARY – ANTOINETTE DELUCA

TREASURER - NETTI DEASY

Meetings - 1st & 3rd Thursday of the month

11:30 AM - 3:00 PM

******Refreshments & Bingo******



DRIVERS WANTED

The Town of Babylon is hiring
On-call Senior Van Drivers

This position requires that you have a CDL License with "P" endorsement.
\$13.58/hour

Contact: Department of Human Services at 631.464.4340

OUR LADY OF MIRACULOUS MEDAL SENIORS "SPICE OF LIFE" CLUB

Age 55+

MEETINGS: 1st & 3rd Tuesday of the Month

TIME: 11:30 A.M.

PLACE: Parish Hall, corner of Levey Blvd./24th Street
1434 Straight Path



PRESIDENT: Josephine Giganti
VICE PRESIDENT: Andrienne Morgano
RECORDING SECRETARY: Mary Payerle
PETTY CASH: Mary Scarpitta
TREASURER: Gerry Marcor



For information call Josephine at 422-6938

**HAPPY BIRTHDAY AND ANNIVERSARY TO ALL OUR
FEBRUARY CELEBRANTS**

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BABYLON POST # 94

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631 669-0094



BREAKFAST SUNDAY'S \$5.50 and Up

9 am to 12 noon

Includes, Eggs, Omelets, Bacon, Sausage,
Potatoes, Toast, Pancakes, French Toast
Coffee and Tea. Juice is Available.

VALENTINE'S DAY DINNER DANCE

Saturday, February 11th, 7 pm to 11 pm

Dinner Catered by Amore & Texas Roadhouse, Live
Entertainment, Dancing to DJ Arnold & Open Bar

.ST. PATRICK'S DAY DINNER DANCE

Saturday, March 18th, 7 pm to 11 pm

Homemade Corned Beef & Cabbage,
Dancing to DJ Arnold & an Open Bar and
Traditional Irish music, dancers, and bagpipers

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Please join us for an OPEN HOUSE
1:00 ~ 3:00pm

February	2017	March	2017
Thursday	9 th	Thursday	9 th
Thursday	23 rd	Thursday	23 rd

To schedule a tour at your convenience, or for more information,
contact us today at 631-842-6091 or info@dominicanvillage.org

Visit us online at www.dominicanvillage.org

Dominican Village
565 Albany Avenue, Amityville, NY 11701
Phone: 631-842-6091 Fax: 631-842-6131
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- Hospice Care Support Services

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no-obligation appointment
631.421.3655

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Melville, NY 11747

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**SGT. JOHN SARDIELLO POST 1634
OF THE AMERICAN LEGION
10 BRUCE STREET
WEST BABYLON, NEW YORK 11704-7711
Phone: (631) 669-3931 Fax: (631) 422-2663**



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Please bring your unwanted Cell phones, Eye glasses and New or lightly used clothing (Men, Women and Children) to our Post and we will deliver them to homeless Veterans in our community or to Veterans overseas.

If you have any old torn or faded American Flags, please bring them to the Post and we will retire them with the proper respectful ceremony.

We also have beautiful indoor / outdoor 3x5 American Flags for sale at the Post for only \$5.00

WE SPONSOR AN OPEN HOUSE (VALUABLE VETERAN INFORMATION) AT THE POST EVERY SATURDAY MORNING FROM 10:00 A.M. - 1:00 P.M.

YOU DO NOT HAVE TO BE A MEMBER OF THE POST ...

EVERY VETERAN AND THEIR FAMILY MEMBERS ARE ALWAYS WELCOME! !!

For more information, please feel free to contact our Public Relations Officer Joe Regina @ (631) 422 - 5211 or

Post Commander Charlie Volpe @ (631) 456 - 0836

FOLLOW US ON TWITTER @ 1634LEGION

LIKE US ON FACE-BOOK Sgt. John Sardiello Post 1634 of the American Legion

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-Joan Lunden



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We do not own, operate, endorse or recommend any senior living community.
We are paid by partner communities, so our services are completely free to families.*

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MEDICARE DISENROLLMENT PERIOD IS NOW THRU FEB 14TH

The **Medicare Advantage Disenrollment Period (MADP)** lasts from January 1st through February 14th of each year. During the MADP, a beneficiary can switch from an MA plan to traditional **Medicare**. The new MADP also provides an opportunity to enroll in a Part D drug plan for those who have not already done so.

NEW FOR 2017..VISION, DENTAL AND HEARING AID BENEFITS!!!

VISION INSURANCE PLANS AS LOW AS \$13 PER MONTH

- Copays — \$15 exam, \$25 glasses
- Glasses — \$150 or \$230 frame allowance (depending on the custom benefits you choose) and, an extra \$40 to spend on featured frame brands, on top of your frame allowance.
- Contacts — Opt for contacts instead of glasses (\$230 allowance).
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- HEARING AIDS* - Savings of up to \$2,400 on a pair of digital hearing aids and savings on batteries for you and your extended family members through TruHearing®
- CONTACT LENSES — Get up to \$110 back on Bausch + Lomb® contact lenses
- ADDITIONAL GLASSES/SUNGLASSES — 20% savings on additional glasses or sunglasses, including lens enhancements, from any VSP doctor within 12 months of your last exam

DENTAL PLANS AS LOW AS \$15 PER MONTH

CLEANINGS YOU PAY \$29
FILLING YOU PAY \$51
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ALL WITH NO WAITING PERIOD

CALL TODAY TO GET THESE BENEFITS AND BE SURE YOU ALSO HAVE THE LOWEST DRUG COPAYS AVAILABLE.....

WE GUARANTEE WE WILL GET YOU THE LOWEST COPAYS AS WE ARE DRUG PLAN ASSISTANCE SPECIALISTS, GUARANTEED LOWSET COPAYS...

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MEDICARE DIRECT- DRUG ASSISTANCE PLAN SPECIALISTS-LOWEST DRUG COPAYS
GUARANTEED!**

**MEDICARE DIRECT LINDENHURST 631-392-7126
MEDICARE SUPPLEMENTS, DRUG PLANS, DRUG ASSISTANCE PLANS
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TOWN OF BABYLON COMMUNITY DEVELOPMENT PROGRAM



Town of Babylon Supervisor Rich Schaffer announces that applications are being accepted by the Department of Community Development for its Home Improvement Program. Applications are available to Town of Babylon Residents whose homes are in need of repair. Program funds are provided by the U.S. Department of Housing and Urban Development (HUD).

PROGRAM HIGHLIGHTS

- No-Interest, deferred payment loan to qualified low and moderate income homeowners in the Town of Babylon
- Ongoing program for income eligible homeowners to bring their homes to current Town of Babylon building codes. **"First come, first served" basis until funds have been exhausted.**
- Addresses home improvements affecting health, safety and weatherization issues **(not expansion or redecorating)**, replacement on a kind to kind basis.
- Examples:
 - Roof, and/ or Window replacement, Vinyl Siding
 - Plumbing and electrical repairs or upgrades
 - Carpentry, Heating, Hot water system replacement
 - Energy efficient upgrades
 - Modifications for the Physically Handicapped

REQUIREMENTS

- Town of Babylon resident with valid deed
- Mortgage, taxes and homeowners insurance paid up to date
- Household income not to exceed HUD maximum income guidelines:

Family Size	Maximum Income	Family Size	Maximum Income
1	\$59,450	5	\$91,750
2	\$67,950	6	\$98,550
3	\$76,450	7	\$105,350
4	\$84,950	8	\$112,150

- Must have no more than one mortgage/lien existing on home (Including Home Equity Loans)
- Owner occupied (at least 1 year), cannot have rentals/accessory apartments
- One time only participation

The Town of Babylon Home Improvement Program is run through the Long Island Housing Partnership.
For applications, additional information and program requirements please call:
Long Island Housing Partnership, Inc. at (631) 435-4710 Ext. 331.



Create a Healthy Plate

It's Tea Time



Tea consumption fits in perfectly with a heart healthy lifestyle, incorporated into an overall healthy diet of whole grains, beans, fish, low fat dairy, fruits and vegetables, and less processed meats. While a cup of freshly brewed tea contains only a couple calories, processed, sugar-sweetened tea beverages are loaded with extra calories. Components in tea known as flavonoids have been shown to be good for your heart, and may reduce the risk of certain types of cancer.

The longer you steep your tea, the more health promoting substances are extracted and the stronger the flavor. Typically, pour boiling water over your tea bag/leaves and allow it to steep between 5-10 minutes.

Remember to keep your tea (leaves or bag) in a dry, cool place as heat, light and air exposure can break down its beneficial components. Better yet, purchase tea bags that are individually wrapped. The active components of tea do not last indefinitely. Shelf life can range from 1-3 years depending on the type of tea. So check your package for expiration dates to gain the most benefit from your tea. The USDA does certify organic teas, look for the green and white label. Organic teas are less likely to contain contaminants such as pesticides. Larger US tea companies do take care to analyze tea for contaminants.

Here's what some studies have found about the potential health benefits of tea:

- Tea may reduce your risk of heart attack and stroke
- Tea may boost your immune system since it contains antioxidants
- Tea may help with weight loss
- Tea has less caffeine than coffee (black tea has the highest caffeine content)
- Green tea is loaded with antioxidants and may improve cholesterol levels

Specific herbal teas are typically used for calming, stomach upset or even sore throat.

- Chamomile- for tummy troubles or for relaxation
- Peppermint- for nausea or stomach upset
- Lemon- sore throat (try adding honey and a dash of cinnamon)

It's tea time, so why not throw yourself a tea party and warm up with a delicious cup of tea.

Make mine a double.

Reference: Harvard Medical School at www.health.harvard.edu
American Botanical Council at <http://abc.herbalgram.org>

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and individuals with Disabilities and provides equal program and employment opportunities. USDA is an equal opportunity provider and employer. This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. SNAP provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out how to check your eligibility for a range of benefits and apply for SNAP, go to myBenefits.ny.gov or call 1-800-342-3009 for more information. Please contact the Cornell Cooperative Extension of Suffolk County office if you have any special needs. Cornell

Cooperative Extension is funded in part by Suffolk County through the office of the County Executive and the County Legislature

West Babylon Public Library

211 Route 109 West Babylon, NY 11704 (631) 669-5445



You may register @=online, by ☎=telephone or ♣=in-person. Each attendee may sign up three (3) other attendees.

Non-residents may register 14 days prior to the program. Please have your Library Card handy!

SENIOR SHAPE-UP, Wednesdays: February 1-22, 10:30-11:30 am WBA437 ♣ \$

Join Vicki Luckman, a P.A.C.E. (people with arthritis can exercise) certified instructor, who will take you through seated exercises using all your muscle groups. ROM (range of motion) exercises will be the key and there can be some standing work done using a chair as support. Each participant should bring a light set of weights (1-3 lbs.), a ball the size of a small melon, a water bottle and face towel. Please wear comfortable cotton clothing and sneakers. Registration is underway. **Non-refundable fee for the 4-week February session: \$12.**

FUN & GAMES Wednesdays, February 1, 8, 15 & 22, 1-4 pm

Join others in games of Scrabble or Mah Jongg, or start a different game! Sign up at the Circulation Desk. All players and walk-ins are welcome.

TRADITIONAL TAI CHI, Tuesdays: February 7-28, 10:15-11:15 am WBA425 ♣ \$

Certified Tai Chi instructor Laurince McElroy will explore the Simplified Yang Style 24 Forms in this traditional Tai Chi class. Students of all levels and experience are welcome and modifications will be made to accommodate all fitness levels. Please wear comfortable clothing & sneakers to the class. Registration is underway. **Non-refundable fee for the 4-week February session: \$12.**

BLOOD PRESSURE SCREENING Wednesday, February 8, 11 am-12 pm

The *Visiting Nurse Service of Suffolk County* will provide blood pressure screening on a first come, first served basis. No registration necessary.

ROCK & ROLL, DOO-WOP, AND POP SHOW Sunday, February 12, 2-3:30 pm WBA301 ♣

Join Vic, Bill and Jim as they take you on a musical history tour of the great eras of Rock & Roll, Doo-Wop and Pop, including a special presentation of your favorite songs made popular by female artists! Required tickets are available. Each attendee may sign up three other attendees.

DEMENTIA SUPPORT GROUP Monday, February 13, 6:30-7:30 pm WBA91 @ ☎ ♣

Join a representative from *The Willing Hearts, Helpful Hands Caregiver Support Program* for this support group that will link caregivers, family and friends of individuals with Alzheimer's disease or dementia with other caregivers. Registration is underway.

WOK N ROLL Monday, February 13, 6:30-8:30 pm WBA609 ♣ \$

Celebrate the Chinese New Year with these delicious ideas from Simply Creative Chef Rob. All are welcome! The menu includes: Asian Orzo Vegetable Salad, Oriental Coleslaw with Roasted Peanuts, and Barbequed Chicken in a Lettuce Cup. Registration is underway. **Non-refundable materials fee: \$5.**

MEDICAID ENROLLMENT ASSISTANCE FOR THE AGED, BLIND & DISABLED Wednesday, February 15, 10 am-3pm

Nassau-Suffolk Hospital Council will have facilitated enrollers trained by NY State Department of Health and stationed here at our Library to assist the aged, blind and disabled populations enroll into the following programs: Medicaid, Medicaid Buy-In for Working People with Disabilities (MBI-WPD), Medicaid Spend-down, Medicare Savings (MSP), and Medicaid for Institutional Care in a Nursing home. Enrollment will run on a first-come, first-served basis and is free of charge.

VETERAN'S INFORMATION TABLE Thursday, February 17, 10 am-1 pm

There will be an information table regarding benefits for returning soldiers and veterans. Bring your questions!

CARDIAC HEALTH Thursday, February 23, 4-5 pm WBA24 @ ☎ ♣

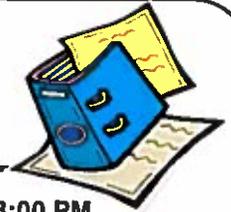
Join Dr. Donna Chelle Morales from the Northwell Health System for this program on all matters related to cardiac health. There will be a brief question and answer session following the program. Registration is underway.

ELLA AND FRANK: A TRIBUTE Saturday, February 25, 2-3 pm WBA351 ♣

The fabulous Rhonda Denet teams up with "Echoes of Sinatra" vocalist Steve Kazlaskas for a show that brings audiences back to when these two legends in American music, Ella Fitzgerald and Frank Sinatra, brought audiences to their feet. This showcase features the music of Cole Porter, Duke Ellington, Count Basie, George and Ira Gershwin and several other composers included in the Great American Songbook. Required tickets are available. Each attendee may sign up three other attendees.

Copliague Memorial Public Library

50 Deauville Blvd, Copliague NY 11726 (631) 691-1111; Fax (631) 691-5098



Traditional Chinese Culture & the Spring Festival

Wednesday, January 25 - 7:00 - 8:00 PM

Discover the culture and traditions of China just in time for Chinese New Year. Lecturer LanDing Liu was born in China and will share her experiences of Chinese New Year, also known as the Spring Festival. Learn about the origin of the Spring Festival, the Chinese Zodiac and various customs and taboos in this fascinating lecture.

Gypsy Music: A Dazzling Journey

Saturday, January 28 - 3:00 - 4:00 PM

Acclaimed international concert violinist David Podles will showcase the music of the mystical gypsy campgrounds of Romania, Russia, Poland, Latvia, India, Hungary and former Yugoslavia. David's virtuoso violin has delighted audiences across the globe, drawing inspiration from this exotic culture rich in tradition.

Tax Information Seminar

Wednesday, February 1 - 6:00 - 7:00 PM

Stay up-to-date on recent tax changes with CPA Judy Francis. Ms. Francis will discuss individual, small business, retirement and estate taxes and will suggest possible tax saving opportunities. Ms. Francis will answer all of your questions!

Linda Miller in Concert

Saturday, February 4 - 2:00 - 3:00 PM

Celebrate African American History Month with a special performance by talented singer Linda Miller. This concert honors talented and influential African American vocalists throughout American history. Linda will pay tribute to amazing African American singers from Ella Fitzgerald to Nat King Cole as well as early Jazz artists and singers of Gospel spirituals.

Whaling on Long Island

Tuesday, February 7 - 6:30 - 8:00 PM

The story of whales, and the whalers who followed them, is tied to Long Island's rich maritime history. Join Nomi Dayan, the Executive Director of The Whaling Museum & Education Center, and author of the new book *Whaling on Long Island*, in a pictorial presentation exploring the local whaleship fleets which traveled to the far corners of the world and the personalities behind local enterprises. Be transported to a time when whalers roamed the streets between journeys, shipbuilders worked in the harbors and captains charted their expeditions in Long Island's pursuit of the largest creatures in the world. Artifacts from the museum's collection will be on display. Books will be available for purchase for \$20.00 each (cash only).

George Washington's Culper Spy Ring

Wednesday, February 15 - 7:00 - 8:00 PM

At the request of General George Washington, a spy ring was assembled on Long Island during the Revolutionary War. Learn about the history of the Culper Spy Ring and its members from historian Bev Tyler of the Three Village Historical Society.

The Secrets to Getting Published

Saturday, February 18 - 11:30 AM - 1:00 PM

Have you ever wanted to write a book and see it published? Gain an insider's view of book publishing at this lecture with literary agent, Jan Kardys. Jan has over 40 years of publishing experience and will discuss helpful topics for the writing process such as manuscript writing, correct formatting and editing. Ms. Kardys will then explain how to find a literary agent and negotiate a publishing agreement. Learn about self-publishing vs. traditional book publishing, subsidiary rights, how to market and utilize the most cutting-edge technologies and social media services to increase visibility to literary agents, publishers and readers alike.

Abraham Lincoln and the Gettysburg Address

Wednesday, February 22 - 6:30 - 7:30 PM

Celebrate Presidents' Day with local historian Gene Horton as he explores Lincoln's early life, his path to the presidency and his time in office. Learn more about the famous ten sentences contained in the Gettysburg Address and how they continue to be relevant today.

Registration is required for all programs unless otherwise stated.

Please call the library for more information.

(631) 691-1111

Amityville Public Library

Corner of Oak and John Streets

(631) 264-0567 www.amityvillepubliclibrary.org



Introduction to Windows 10 Monday, February 13 10 a.m. to 12 p.m.

Limit: 12 participants This class provides an understanding of the brand new version of Windows. Learn to get and install your free copy, use the desktop to work with files and folders and applications. Use the new start menu, help, search and much more. Computer Kindergarten, 1st Grade or equivalent. Fee: \$5.00 check, or money order, made payable to the Amityville Public Library is due at registration

EFT (Emotional Freedom Techniques) Training (AMA145) Thursday, February 16 7 to 8:30 p.m.

Emotional Freedom Techniques work by simply tapping with the finger tips on the head, chest and throughout the body while we think and/or recite phrases that are specifically related to our issue. It's like an emotional version of acupuncture without the use of needles and is meant to heal many symptoms, such as stress or back pain. Come join Diane Gordon and learn this often overlooked technique used to optimize our emotional health!

How To Use Your Digital Camera (AMA9) Thursday, February 23 6 to 8 p.m.

Learn how to use the basic features of a digital camera including flash settings, optical and digital zoom, menu settings, image quality and much more. Bring your digital camera, your manual and your questions.

Steel Silk Band (AMA70) Saturday, February 25 2 to 3:30 p.m.

The idea of a band that plays music that few bands play nor many people have heard on the radio much these days was the premise of The Steel Silk Band. The band was founded in early 2014 with the intent of performing some of the top songs from some of the biggest artists from the 60's to today. The band is comprised of 9 of some of the top musicians & vocalists from the New York area with each member bringing energy & accuracy to each song. Steel Silk is sure you will be surprised at what you're hearing, so get ready to bring back some of your fondest memories of yester-year. They will be covering songs from classic rock, Motown, R&B, pop, country & much more. Some of the artists we cover are Billy Joel, Whitney, Houston, Styx, Summer and Stevie Nicks.

Civil Rights on Long Island (AMA540) Monday, February 27 7 to 7:45 p.m.

Join Christopher Verga, author of Civil Rights on Long Island, as he discusses his book. Long Island has been in the corridors of almost all major turning points of American history, but Long Island has been overlooked as a battle ground of the civil rights movement. Since early colonization of the English settlers in the 17th century, the shadow of slavery has bequeathed a racial caste system that has directly or indirectly been enforced. This book utilized images from local historical societies and private collections to create a narrative of civil rights challenges and triumphs. These photographed defining moments have become testament to the future of an increasing diverse suburb.

St. Patrick's Day Centerpiece Monday, March 6 6:30 to 8 p.m.

Join floral designer Irene Conte as she guides you through the process of making a beautiful centerpiece for your home for St. Patrick's Day or the spring in general. Fee: \$5.00 check, or money order, made payable to the Amityville Public Library is due at registration.

Qigong Tuesdays of March 7, 14, 21, 28, April 4, 11, 18 and 25 1 to 2 p.m.

Relaxing and invigorating, Qigong (pronounced chee kung) similar to Tai Chi, is a meditative movement practice that helps clear your mind of stress and anxiety. It also helps build strength, stamina and flexibility. This class, taught by Dorothy Mandrakos, consists of a set of simple qigong warmup exercises, learning the 18 Lohan — an ancient form handed down from the Shaolin Temple in China, and ends with meditation. Beginners are welcome! Bring a mat and water.

Fee: \$5.00 check, or money order, made payable to the Amityville Public Library is due at registration. This fee is nonrefundable and nontransferable for any reason.

Rosie the Riveter and her Sisters – The Women of World War II (AMA430) Thursday, March 9 6:30 to 8 p.m.

Rosie the Riveter is the story of the women who sustained our nation and her troops during World War II. Rosie and her sisters changed America forever, not only by their work during the war but also by expanding the presence of women in the workplace, the arts and professions. The presentation explores how they proved their capabilities by stepping into the places of the men who went to war, what they accomplished in jobs and situations that were considered outside the sphere of women, and how they paved the way for the feminist revolution of the 60's. Performed in costume.

One-on-One Live-brary.com eBook and eAudiobook Download Help (AMA888) Saturdays from 3 to 3:45 p.m. or 4 to 4:45 p.m.

Registration is required. Limited to Amityville cardholders. Please bring your mobile device, USB cable, power cord, and your laptop if you own one. When registering, please indicate what type of device you want to download to, and if you want to download eBooks, eAudiobooks or magazines. Please make an appointment ahead of time.



North Babylon Public Library

815 Deer Park Avenue, North Babylon, NY 11703
(631) 669-4020



Programs require advance registration

Movies for Adults **Fridays at 1:00 PM (residents only); Fridays at 3:30 PM (non-residents)**
The Library will be showing the latest released movies on Friday afternoons. The list of the month's selections will be available at the Library. Doors will open at 12:40 PM for the 1:00 PM show. Light refreshments will be served.

Evening Book Discussion **Thursday, February 2, 7:00-8:00PM**
We will be reading *Men We Reaped: A Memoir* by Jesmyn Ward. Please register and pick up your book at the Circulation Desk. New members are always welcome.

Concert: Ann Zalkind and Nadine Scharman **Sunday, February 5, 2:00-3:00PM**
A Valentine's Day program of Classic Romantic, Jazz and Broadway music featuring composers Dowland, Satie, Jobim, Lehar and Gershwin.

Knitting Club **Mondays, February 6 and 27, 10:00AM-12:00PM**
Join our Knitting Club with local knitting expert Roberta. All beginning to advanced knitters welcome.

Health Insurance Questions and Enrollment **Monday, February 6, 2:30PM**
A Certified Application Counselor will be in the library to answer questions and help you enroll in any private health insurance plan available on the NYS Marketplace as well as Medicaid and Child Health Plus. Everyone is welcome; no registration required.

The Amistad Trial **Thursday, February 9, 7:00-8:30 PM**
Professors Howard Ehrlich and Harvey Sackowitz will present the story of how former President John Quincy Adams became legal counsel to a group of 39 West Africans who had been forced into bondage by the Spanish. The West Africans had successfully commandeered their captors' ship, but were imprisoned when the US Navy seized *The Amistad* off Sag Harbor.

Blood Pressure Screening **Friday, February 10, 11:00AM-12:00PM**
Good Samaritan Hospital will be at the Library to provide free blood pressure screenings.

Game Club **Mondays, February 13 and 27, 1:00-4:00PM**
We provide the space, tables and chairs. You bring your friends and board or card games to play. Coffee and tea will be served. No registration required.

Drop-In Valentines **Tuesday, February 14, 10:00AM-8:00PM**
Come in to make a hand-painted Valentine for someone special. We will have supplies and template available. All ages welcome

The Role of Afro-American Seamen in the 19th Century Whaling Industry **Sunday, February 26, 2:30-4:00PM**
Whaling expert Mickey Maxwell Cohen presents a collection of images depicting a traditional whaling voyage, including the last commercial whaling voyage out of New Bedford, manned exclusively by people of color sailing on a vessel constructed in nearby Sag Harbor. Includes a display of portraits of well-known African American heroes of the whaling industry, and an exhibit of whale items.

Gem Drops Necklace **Tuesday, February 28, 7:00-8:00PM**
Use an assortment of beads of varying sizes to create a simple and elegant necklace.

Morning Book Discussion **Tuesday, February 28, 10:00-11:00 AM**
We will be reading *The Turner House* by Angela Flournoy. Please register and pick up your book at the Circulation Desk. New members are always welcome.



Deer Park Public Library

44 Lake Avenue • Deer Park, NY 11729 • (631) 586-3000 • Fax (631) 586-3006



Quilting

Sunday, February 5th, 10am

Professional, expert quilter Gloria Bleidiner will instruct novice and experienced quilters on techniques of scrap quilting! Curves, angles, fat quarters, colors, shapes, blocks, squares—try your hand at scrap quilting. Take the challenge and have some 'colorful' fun and deplete your material stash!

Knitting Group

Thursday, February 23rd, 2-4pm

Whether you are a novice or an expert, join other knitters for an informal get-together sharing patterns, problems, tips, etc. All are welcome—you need not register.

Defensive Driving

Saturday, February 11th, 9am sharp

\$25 check payable at registration. The Driver Safety Program is back for this non-AARP defensive driving class that may reduce your insurance costs and points on your license. Remember to bring your license and a pen/pencil to class. Feel free to bring a brown-bag lunch to class.

20/30s Yoga w/Jessica

Thursday, February 16th, 6-7pm

(Adults aged 20/30 something) (18 & 19 year olds invited too) Learn the powerful practice of yoga, and how to get the most out of your spiritual practice! This all levels class concludes with meditation singing bowls. Space is limited, so register early to insure a spot. Wear comfortable clothes and feel free to bring a water bottle and yoga mat.

AARP Smart Driver Course

Monday, Friday, February 17th, 9-3:30pm

Check made payable to AARP—\$20 members/\$25 non-members, due at registration

AARP's course curriculum has been updated and enhanced with new instructional materials. This defensive driving class should reduce your insurance costs and points on your license. Remember to bring your license and a pen/pencil to class. Feel free to bring a brown-bag lunch to class.

GRASP Home Study Program

Monday, February 6th, 5:30pm

An orientation for this free home study adult literacy program (GRASP) is designed to meet the needs of adults 21 and over who would like to prepare for the High School Equivalency TASC (Test Assessing Secondary Completion) exam but are unable to attend classes on a regular basis. Individual assignments, to be completed at home, are developed by certified instructors and delivered to the Library. Assistance by telephone is also available. For more information, please call (631) 667-6000, ext. 361. Registration is underway.

20/30s Songs to Start a Fire

Tuesday, February 7th 2017, 7-8 PM

(Adults aged 20/30 something) All Songs to Start a Fire events are aimed at women and LGBT youth and adults of all genders. *OPEN TO YOUNG ADULTS GRADES 9-12*

Are you ready to become the hero of your own story? Singer and songwriter Rorie Kelly invites you to a musical crash course to befriending yourself. This radically honest and compassionate performance will help you explore the darkest parts of your heart as well as your brightest gifts. Join us for a transformative musical journey that will help you shine a light on the person you were meant to be and the life you were meant to live.

Greeting Cards

Wednesday, February 8th, 6:30-8:30pm

Material's Fee: \$10. Bonnie O'Neill returns to show you how to create three hand-made cards, complete with envelopes. With Valentine's Day approaching, you may want to make a special card for your Valentine!

Learn various techniques and work with various embellishments. Join us for a creative program!

Create a Healthy Lifestyle through Meditation

Thursday, February 9th, 7-8:30pm

Treat yourself to some special time to nourish your body, mind and spirit. Empower your life by learning a simple meditation technique that can be used daily for greater peace, energy, and well-being. Start incorporating this positive technique in your life. Join John Bednarik, long time meditator who has been inspiring audiences with his engaging workshops.

Belly Dancing

Sunday, February 12th, 1-2pm

Lenora Dome returns to teach the basics of belly dancing—not only get fit and reduce stress, but it's a great way to achieve grace and femininity. Please wear loose, comfortable clothes and socks or slippers—no sneakers.

Babylon Public Library

24 South Carl Avenue, Babylon, NY 11702 (631) 669-1624

Please use our parking lot located on Thompson Avenue behind Astoria Federal Savings Bank.



Adult Monthly Movie

Thursday, February 2

1:30 PM

The movie will be CAFÉ SOCIETY, starring Steve Carell, directed & written by Woody Allen, running time 96 minutes, rated PG-13

Get Ready for the Red Carpet

Thursday, February 2

7-8 PM

The Oscars are coming this month. Get Ready to walk your own red carpet with some fabulous beauty tips from Tahliah Fuller. Registration residents January 12, non-residents January 26, online, by phone or at the Circulation Desk.

Blood Pressure Screening

Saturday, February 4

10 AM- 12 NOON

Registered Professional Nurse, Marilyn Herrera Pegello, will be at the library to do blood pressure screenings. No registration, first come/first served basis.

Adult Games in the Afternoon

Mondays, February 6,13,20,27

1-4 PM

Afternoons will continue to be set aside during the month of February for library patrons to get together with their friends to play cards or board games. Participants need to bring their own games. New participants are always welcome.

Yoga

Mondays, February 6,13,27, March 6,20

6-7 PM

Five week course. There is a non-refundable fee of \$20.00 due at registration. Registration for residents begins January 12, non-residents January 26. No on-line registration and no walk-ins. Please consult a physician before beginning any exercise program. Don't forget your Yoga Mat.

Key To Your Heart

Tuesday, February 7

6-8:30 PM

Join Linda O'Connell as you paint a lovely key-shaped Valentine's Day decoration. There is a non-refundable fee of \$5.00 due at registration. No online registration, no walk-ins. Registration residents January 12, non-residents January 26, 2017.

Valentine Wreath

Thursday, February 9

6:30-8:30 PM

Decorate your door this Valentine's Day with a lovely wreath you create yourself using dried and hand painted flowers, fragrant lavender & much more. There is a \$5.00 non-refundable fee due at registration. Registration for residents begins January 12, non-residents January 26. No online registration & no walk-ins.

Adult Book Discussion

Wednesday, February 15

7-8 PM

This month's book will be MISTRESS OF SPICES, by Chitra Banerjee Divakaruni. Everyone is welcome to join this fun group.

Adult Monthly Movie

Thursday, February 16

1:30 PM

The movie will be FLORENCE FOSTER JENKINS, starring Meryl Streep & Hugh Grant, running time 110 minutes, rated PG-13

Winter Birds

Wednesday, February 22

7-8:30 PM

Join local resident Jack Finkenber of the Great South Bay Audubon Society as he discusses the different types of birds that make Long Island their winter home. Registration residents January 12, non-residents January 26, online, by phone or at the Circulation Desk.



Lindenhurst Memorial

Library

One Lee Avenue
Lindenhurst, NY 11757

631-957-7755

<http://lmlonline.org>

Live @ LML Entertainment

An Afternoon of Jazz:

Sun., February 5, 2:00-2:45 pm. If you are a fan of jazz music, come and see the Harborfields Jazz Band. All welcome. LNA214

Just Sixties

Sun., February 12, 2:00-3:30 pm.
Hear music from The Beatles, Beach Boys, Turtles, The Monkeys and many more.
Reg. is underway. LNA139.

An Afternoon of Music with Les Degen

Sun., February 26, 2:00-3:00 pm.
A musical journey featuring some of the greatest standards and show tunes ever written.
Reg. begins February 4. LNA140.

Boston Burglars

Sun., March 12, 2:00-3:30 pm. The Boston Burglars combine their Irish and American backgrounds that cover many styles of music, as well as music found in Irish pubs and dance halls.
Reg. begins February 18. LNA215



New Release Movies

Join us at 1:30 pm.

No registration.

February 2 - Deepwater Horizon

February 16 - The Accountant

February 23 - Light Between Oceans

March 2 - The Girl on the Train

Thurs., Jan. 21 - 12 Angry Men
Sun., Jan. 24 - The Martian
Thurs., Jan. 28 - Some Like it Hot
Thurs., Feb. 4 - The Intern

Sun., Feb. 7 - Burnt
Wed., Feb. 10 - Bridge of Spies
Sun., Feb. 14 - Sleepless in Seattle
Thurs., Feb. 18 - Everest

More Programs...

Social Media Marketing for Business - Wed., February 1. 7:00 pm.

"Fall in Love" Floral Design Workshop - Thurs., February 2. 7:00 pm. \$8pp.

Healthy Relationships - Thurs., February 9. 7:00 pm. Reg. is underway.

Seafood Made Simple - "Red Night" Block Island Seafood - Thurs., February 16.
6:30 pm. Reg. is underway. \$8pp.

AARP Smart Driver - Fri., February 17 - Reg. begins 2/4. 1st day LML cardholders

Defensive Driving Empire Safety - Sat., February 25 - Reg. begins 2/11. All welcome.

Senior Advocate - Mon., February 27 - 10:00-11:30 am. No registration needed. All welcome.

Wyandanch Public Library

14 South 20th Street, Wyandanch, NY 11798

(631) 643-4848; (631) 643-9664 fax wyanlib@suffolklib.ny.us



Library Hours: Monday-Thursday 10a-9p
Friday 10a-6p
Saturday 10a-5p
Sunday 1-5p



GED Prep Classes– Assistance with GED testing will be available in the Adult Learning Center. For more information contact Dottie Telting (631) 643-5325. Monday – Friday, 10:00 am -2:00 pm

Crochet Club– Come learn and share awesome crochet patterns. Register at the Reference Desk. Mondays, 4:30 pm-5:30 pm

Conversational Spanish for Beginners– Each week learn popular words and phrases used in Spanish conversations. With practice you will be able to navigate a conversation in Spanish. Mondays and Thursdays 6:00 pm– 8:00 pm

Chair Yoga– Join us for a gentle style of yoga you can do from a seated position that also incorporates the breathing and mind-body benefits of traditional yoga. Tuesdays, 11:30 am-12:30 pm

Beginners & Intermediate ESL Classes. Tuesdays & Wednesdays, 6:00 pm– 7:30pm

Math Class– Free math lessons from basic math to algebra, Saturdays 1:00-3:00pm. Call the Library Adult Learning Center to sign –up.

Knitting 101– Get together with other knitters, to advance your knitting skills, and have a fun night out. Thursdays, 4:30 pm-5:30 pm

Adult Chess Club– Saturdays, 1:30 pm-2:30 pm

Adult Book Club– A screening of “The Girl on the Train” February 23rd, 6:00 pm-7:00 pm

SPECIAL BLACK HISTORY MONTH EVENTS at THE WYANDANCH PUBLIC LIBRARY

African Artifact - View African American Artifacts here on display at WPL. Curator Carol Gordon will give a presentation on pieces dating back from slavery. All are welcome to attend. February 1st, 5:30 pm- 7:00 pm.

Black History Month Opening Ceremony -Keynote speaker Dr. Marsha Darling, Director of the Adelphi University African, Black and Caribbean Studies program, will give a historical perspective on life in Black America since slavery. Light Dinner will be served. February 5th, 2:30 pm.

Black History Month Documentary- “Black History: A Retrospective by Barack Obama”. February 11th, 2:00pm.

Jim Crow in America- Dr. Lynda Day, Department Chairperson of African Studies at Brooklyn College will lead a discussion on Jim Crow in American History. Light Dinner will be served. February 12th, 2:30 pm.

History of African American Music Performance– City Sounds will perform a celebration of Black music. February 14th, 12:00 pm -1:00 pm.

Underground Railroad Quilt - Dawn Ivey historian will talk about period quilts and teach us to create quilt blocks. Must Sign-Up. February 23rd, 4:30 pm -5:30 pm.

Black History Month Documentary– “Eyes on the Prize: America’s Civil Rights Years’ Parts 1-3. Fridays, February. 10th, 17th & 24th, 2:30 pm.

Black History Month Closing Ceremony- Join Civil Rights Veteran and Author, Bernice Sims as she reflects on the battles as a civil rights activist. Light Dinner will be served. February 26th, 2:30 pm.





Madeline A. Quintyne

*Live every moment
Love beyond words
Laugh every day*

Commissioner's Corner

Dear Seniors,

Yes! February is here and so far we are all still braving the weather. Just please stay warm. This kind of summer in the winter can really be tricky. The flu, sinus, and upper respiratory issues, you name it! The germs like to hang out in our bodies. Please dress accordingly even if the weather jumps a bit, don't take it for granted. Continue to rest and drink plenty of fluids. Your body will thank you. This month is American Heart Month. Remember to take care of your heart with regular checkups, exercise and healthy foods.

This month is Black History Month and we have a wonderful program for you on February 9, 2017 at the Amityville Memorial High School at 6pm. We are looking for all of you to come and support the Town of Babylon Department of Human Services as we mark our 29th year of this program. The theme this year is the "The Crisis in Black Education". We have three wonderful teachers and one alumni from several local school districts we are honoring. In addition, we will honor Ms. Dotty Coleman posthumously.

Can we all say welcome to Spangle Drive Senior Center's new Director, Carolyn Epifane! When you meet her give her a warm smile. We also had some sad news from Spangle. Ms. Bunny, the President of the senior committee passed away. We send our condolences to the family and to all her friends at Spangle Drive Senior Center.

It's only what you believe will happen and therefore do next that will bring about a life change.... Bruce Wilkinson

Madeline's Tips of the Month



- Be as considerate with your family as you are with your friends.
- Be loyal to your friends.
- Money is like a fertilizer; it's not much good unless its spread around.
- A vacation is more enjoyable if you stay within your budget.
- Use a credit card only if you can pay the bill in full at the end of the month.
- After you've written something, go back and read it out loud. You'll become a better writer.
- The times when you need failly the most are when you don't think you need family.
- Pay attention to the design of thngs you buy, and then buy the things with the best design.



Dates to Remember

- 2/2/17 – Groundhog Day
- 2/4/17 – Rosa Parks Day
- 2/9/17 – TOB Black History Month Program 6pm
- 2/12/17 – Lincoln's Birthday-TOB Closed
- 2/14/17 – Valentine's Day
- 2/20/17 – Washington's Birthday-TOB Closed
- 2/28/17 – Mardi Gras

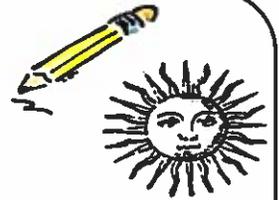


Happy Birthday to all February celebrants!



Love,
Peace,
Freedom,
Unity and
Respect

Editor's Note



World peace can be achieved when, in each person,
the power of love replaces the love of power.

Sri Chinmoy

Spiritual teacher, author, artist, poet & musician



Happy February Seniors! January just flew by and we are now into the 2nd month of the new year already! Was 2016 a good year for you? Well, let's vow to make 2017 better! How do we do that? Well since this the month of love, how about we share that love through everything that we do, say, think and believe? Why don't we take that love beyond it's "special day" and spread it throughout the month and year? Just because a holiday or a special observance comes and goes, doesn't mean we have to stop sharing the meaning of that holiday! So continue to spread as much love, joy and happiness to everyone that you meet! Our daily interactions with different people should challenge us in a positive way by opening us up to new experiences and giving us a chance to shine in them.

This month we'd like for you all to join us on Thursday, February 9th at 6pm for the 29th Annual Black History Month Program at Amityville Memorial High School (see flyer). We have some wonderful honorees that we will recognize for their contributions in the field of Education, a powerful keynote speaker and we'll also showcase our local students through dance and song. So please come out and support this free community event. Light refreshments will be served after the program and our vendor marketplace will be in full swing!!!

February is also Heart Health Month! Seniors are you taking good care of yourselves? Keeping up with your doctor's appointments and making sure all of your prescriptions are up to date? Please make your loved ones aware of there are any changes in your health so that everyone in the family is on the same page. Especially if you live alone. Heart health is particularly important as sometimes problems with the heart can sneak up on you with no warning. So be sure to keep your yearly checkups on schedule and take extra special care of you!

As always, if you have any suggestions that may enhance the Around Town, feel free to forward them to aroundtown@townofbabylon.com. Did you know that you can view a color version of the Around Town on the web? Log onto www.townofbabylon.com and click the Around Town link on the home screen and there we are!

Seniors, continue to motivate, inspire and uplift the hearts and minds of your family and friends in all that you do!

Happy Valentine's
Day!
Traci



celebrate
BLACK
history **MONTH**



PEACE



**Town of Babylon Supervisor Rich Schaffer
and the Department of Human Services
Present. . .**

**The 29th Annual
Black History Month Celebration**

**The
CRISIS**



in Black Education

Honoring

**Dotty Coleman - Community Educator (*Posthumously*)
Lasheca Lewis, Wyandanch School District
Renee Gibson Locker, Copiague School District
Jennifer Trotman, Amityville School District
Dr. Desiree Williams-Wells, North Babylon School District**

**ENTERTAINMENT
Brittney Aiken
AMHS Jazz Band
Venettes Cultural Workshop**



**KEYNOTE SPEAKER
Gina Talbert
Asst. Superintendent for
Curriculum & Instruction
Wyandanch School District**

**MISTRESS OF CEREMONIES
Deborah Payton-Jones
Volunteer Coordinator, Fashion Institute of Technology
Election Inspection Coordinator, Suffolk County Board of Elections**

*Thursday, February 9, 2017
Amityville Memorial High School
250 Merrick Road, Amityville, NY 11701
Formal program begins at 6:00 p.m.
For more information call 631.464.4340*



VENDOR MARKETPLACE



Physics 1

Find and circle all of the words that are hidden in the grid.
The remaining 30 letters spell an Albert Einstein quotation.

Y D O A C O U S T I C S Q T U C S V N E
 V A N B D O P P L E R K N U E W I D F E
 R F C U U A I A C G E I E N A S L I A E
 C D E C O O C U R O O C T L C R S S R L
 O E I N E S Y A T P N R N O V C K P A O
 L N N M A L V A G N I V S A I I Y L D H
 D S S P U I E N N P E I E N D R N A A K
 F I T T T T I R E C T M A C O E Y C Y C
 U T E Y S Z N T A Y Y H I T T P P E G A
 S Y I R E S A E I T C A C R O I G M N L
 I L N E L L A E M E I E L R E D O E I B
 O Y R V P O L M M O J O T S E P U N K S
 N F T E I E V A W A M N N W E O X T W E
 O F U L C R U M R V E C T O R T P E A P
 T A T T N R S T R I N G T H E O R Y H O
 W T R Y I P O W E R E T E M O M R E H T
 E O Y G R E N E R E F R A C T I O N I O
 N M N G P M U L U D N E P L E N G T H S
 S C I T P O E D U T I L P M A K R O W I

- | | | | |
|--------------|----------------|------------|---------------|
| ACCELERATION | ELECTRON | LAWS | QUARK |
| ACOUSTICS | ENERGY | LENGTH | REFRACTION |
| AMPLITUDE | ENTROPY | LEVER | SOUND |
| ATOM | EXPERIMENT | MASS | STRING THEORY |
| BLACK HOLE | FARADAY | MECHANICS | TESLA |
| BUOYANCY | FREEZING POINT | MOMENTUM | THERMOMETER |
| CENTRIPETAL | FULCRUM | NEWTON | TRAJECTORY |
| COLD FUSION | GRAVITY | OPTICS | VECTOR |
| CONVECTION | HAWKING | PASCAL | VISCOSITY |
| DENSITY | IMPEDANCE | PENDULUM | WAVE |
| DISPLACEMENT | ISOTOPE | POWER | WEDGE |
| DOPPLER | KELVIN | PRINCIPLES | WORK |
| EINSTEIN | | | |



URGENT!
PLEASE DONATE TO THE
TOWN OF BABYLON
FOOD PANTRY



The Town of Babylon Food Pantry, now located on Commerce Boulevard in Amityville, is in desperate need of donations! In these tough economic times, more and more families in our community are having difficulty making ends meet. Please help them put food on their tables.

Please bring non-perishable food items to:

Town of Babylon Department of Human Services
1 Commerce Boulevard
Amityville, NY 11701

Town Hall Council Office
200 East Sunrise Highway
Lindenhurst, NY 11757

Old Town Hall
47 West Main Street, Suite #3
Babylon, NY 11702

Thank you for your concern for the families
who are less fortunate!

BABYLON TOWN SERVICES

Office of Citizen Services.....957-7474
Long Island Green Homes Program.....422-4411
Town Animal Shelter.....643-9270
Residential Garbage Collection.....491-3200
Commercial Garbage Collection.....422-7670
Parks, Recreation & Cultural Affairs.....893-2100
Services for the Disabled893-1050

Human Services

Human Services Office.....464-4340
Residential Repair.....422-7680
Drug & Alcohol Counseling.....422-7676

Town of Babylon Senior Nutrition Centers

North Amityville Senior Center.....789-3309
Rainbow Senior Center, Lindenhurst957-7526
Spangle Drive, North Babylon.....422-7610
Tanner Park, Copiague.....842-7773
Wyandanch Senior Nutrition Center.....491-4889

Youth Services

Youth Bureau422-7660
Youth Institute.....422-7658

Local Hospitals

Southside Hospital, Bayshore.....968-3352
Good Samaritan Hospital, West Islip.....376-3000

Other Useful Numbers

Long Island Poison Control Center...(516)542-2323
Babylon Breast Cancer Coalition.....893-4110
Cancer Help Line, University Hospital...(800)UMC-2215
Stony Brook

Incorporated Villages

Amityville Village Hall.....264-6000
Babylon Village Hall.....669-1500
Lindenhurst Village Hall.....957-7500



Rich Schaffer, Town Supervisor

Tony Martinez, Deputy Supervisor

Thomas Donnelly, Councilman

Jacqueline A. Gordon, Councilwoman

Lindsay P. Henry, Councilman

Carol A. Quirk, Town Clerk

Corinne DiSomma, Receiver of Taxes